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# DIDACTIC GUIDE





This guide is a document of a series of didactic and methodological materials developed within the framework of the transdisciplinary intervention based on the components and domains of the International Classification of Functioning, Disability and Health (ICF).

The guide has been made with the collaboration of the entities involved in the project and that have been able to implement this pilot at European level, Irmas Hospitaleiras de Funchal in Portugal, Saint John of God in Dublin in Ireland and the Fundación Instituto San José in Madrid of Spain.

With the implementation of this piloting, the aim has been to bring together a selection of activities in the aquatic environment, which respond to the transdisciplinary action and methodology applied in the Bewater program and developed by the professionals involved from 4 disciplines; physiotherapy, occupational therapy, speech therapy and therapeutic pedagogy. Serving these activities as support for the achievement of planned objectives for each of the students participating in the program, individually and responding to the level of skills and abilities of each child.

Throughout the guide you will find 120 activities divided by levels of difficulty (easy, intermediate and difficult) that are adapted to the different intervention models. It has a simple template design for easy management and understanding of the development of activities, highlighting 5 sections: objectives to be addressed from the transdisciplinary methodology; development of the activity or exercise; approximate timing of execution; presentation of materials necessary for the development of the activity with photographs of them; and web links to purchase materials.

Therefore, the Guide is a compilation of activities of the result of the practice, being the reflection of a positive and functional effect, so that the students feel motivated and attracted by the program and at the same time make the sessions a unique moment of personal, educational and therapeutic development favoring their learning.

We hope that the Guide can help entities and professionals who are interested in the Bewater Program and use it as support, from a perspective centered on the person, empowerment and participation of the student.

Welcome to our little big BEWATER world!



# Easy level





Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Achieve a state of well-being in the aquatic environment.</li> <li>• Regulate the child's level of alertness.</li> <li>• Fine motor skills. Different grasping techniques.</li> <li>• Expressive-comprehensive vocabulary. Object recognition.</li> <li>• Spatial orientation.</li> </ul>	<p><u>Aquatic passageway</u></p> <p>We will enter and exit the pool depending on the motor abilities of the child i.e. down the stairs, on the ramp or in an adapted wheelchair.</p> <p>The game consists of placing objects on them that they have to touch, pick up or dram before entering or leaving the pool, indicating what the object is.</p> <p>With this, they will become aware of the environment, doing this activity Little by little.</p>	  
<p><b>Comments:</b> Adapted wheelchair (if necessary), objects to be placed in the game (different textures, sizes and shapes).</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES">https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES</a></li> <li>• <a href="https://www.ortopediamimas.com/ayudas-de-bano/sillas-de-ducha-con-ruedas/1676-silla-de-ducha-con-ruedas-alize.html">https://www.ortopediamimas.com/ayudas-de-bano/sillas-de-ducha-con-ruedas/1676-silla-de-ducha-con-ruedas-alize.html</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Control inspiration and expiration.</li> <li>• Promote total lung capacity.</li> <li>• Fine motor skills. Different grasping techniques.</li> <li>• Murmur control.</li> <li>• Action-reaction.</li> </ul>	<p><u>Blowing the water</u></p> <p>With the appropriate amount of floatation in place, teach the child to make bubbles with the mouth, with the nose, and with both at the same time. Then practice while playing (risk of hyperventilation), first in static and then while swimming, walking, jumping... depending on the child's motor skills. We add toys such as egg flips or whistles and songs to these activities to help them learn by giving them a larger visual or auditory response to help them to learn blowing.</p>	   
<p><b>Comments:</b> Armbands, noodles , board or no float support, depending on the weight/age of the child</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA">https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/manguitos-cinturon-natacion-nabaiji-azul-verde-estampado-cebra-15-a-30kg/_/R-p-4009?mc=8545676&amp;c=ROSA">https://www.decathlon.es/es/p/manguitos-cinturon-natacion-nabaiji-azul-verde-estampado-cebra-15-a-30kg/_/R-p-4009?mc=8545676&amp;c=ROSA</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL AZUL%20TURQUESA</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Instruct to breathe in a controlled manner.</li><li>• Teach how to catch air through the nose and release in through the mouth.</li><li>• Improve aerobic capacity.</li><li>• Proprioception.</li><li>• Spatial orientation.</li><li>• Activity level regulation.</li></ul>	<p><u>Quick dive</u></p> <p>Instruct the student to take as much air as possible through their nose and release it through their mouth and get their face into the water as far as possible.</p> <p>To progress the activity encourage the child to breathe out slowly under water underwater for 1-2 seconds. The older students can be asked for about 5 seconds.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li></ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Develop breathing control so as not to swallow water.</li><li>• Improve and integrate mental adjustment to the aquatic environment.</li><li>• Access to the lexicon.</li><li>• Imaginative capacity.</li><li>• Evocation of words.</li><li>• Auditory perception.</li></ul>	<p><u>Discover the submerged Word.</u></p> <p>Standing in a circle each service user has to think a word. Taking it in turns, on the count of 3 one person submerges and one says the word and while the others try to decipher it.</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.deathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.deathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Work on step speed.</li> <li>• Re-educate the gait pattern.</li> <li>• Encourage the action of delivering and receiving of objects.</li> <li>• Fine motor skills.</li> <li>• Integration of the affected hemibody.</li> <li>• Proprioception.</li> <li>• Spatial orientation.</li> <li>• Expressive lexicon: colors.</li> <li>• Understanding simple orders.</li> </ul>	<p><u>Takeover!</u></p> <p>Transport objects from one side of the pool to another, using different methods depending on the different needs of the service user, e.g. Integration of the affected side, swimming, forbidden to put feet on the ground, jump, monopodial support, hopping, walking around obstacles, march, step cycle with steps...</p> <p>To further, increase the difficulty increase walking speed of the activity. The depth of water that they move in will also alter the difficulty to the activity.</p>	
<p><b>Comments:</b> Material of different sizes, shapes and textures, flotation elements if necessary</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/ /R-p-170084?mc=8545668&amp;c=NARANJA">https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/ /R-p-170084?mc=8545668&amp;c=NARANJA</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/ /R-p-14140?mc=8543778&amp;c=AZUL AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/ /R-p-14140?mc=8543778&amp;c=AZUL AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/ /R-p-4010?mc=8612776&amp;c=AZUL AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/ /R-p-4010?mc=8612776&amp;c=AZUL AZUL%20TURQUESA</a></li> <li>• <a href="https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES">https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve muscular synergy (agonists-antagonists).</li> <li>• Balance.</li> <li>• Auditory perception.</li> <li>• Expressive language.</li> <li>• Observation.</li> <li>• Attention.</li> <li>• Work on step speed.</li> <li>• Re-educate the gait pattern.</li> </ul>	<p><u>1, 2 and 3 without moving the hands and feet.</u></p> <p>The therapist stands at the edge of the pool at a distance of 5-10 steps from the child. The therapist stands with his/her back to the child and hums: “1, 2 and 3, without moving hands and feet”. The child walks around the pool with flippers and remains still after finishing the phrase.</p> <p>The therapist checks if the child is moving his/her hands or lifting his/her feet off the ground; if so, the child has to return to the starting position. The activity ends when the child reaches the therapist. Switch roles to vary the activity.</p>	
<p><b>Comments:</b> Flippers, If you want to increase the difficulty, participants can carry an object in their hands (hoops, balls, boards, sleeves, floats...)</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA">https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/aletas-snorkel-subea-snk-900-adulto/_/R-p-1674?mc=8485045&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/aletas-snorkel-subea-snk-900-adulto/_/R-p-1674?mc=8485045&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685</a></li> <li>• <a href="https://www.decathlon.es/es/p/brazaletes-lastrados-nabaiji-aquafitness-aquagym-aqua-bike-negro-azul-2-0-5-kg/_/R-p-5533">https://www.decathlon.es/es/p/brazaletes-lastrados-nabaiji-aquafitness-aquagym-aqua-bike-negro-azul-2-0-5-kg/_/R-p-5533</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Work the march cycle in its different phases</li><li>• Balance</li><li>• Improve mobility of the lower extremities.</li><li>• Language stimulation.</li><li>• Auditory perception.</li><li>• Improve impulse control skills.</li><li>• Increase awareness of body schema.</li></ul>	<p><u>Let's walk together!</u></p> <p>This activity is aimed at those students who cannot walk on their own or who don't do it easily.</p> <p>Depending on the height of the child, we will use a more or less deep pool area and some key points for facilitation. The most general key points are in the shoulder girdle and/or pelvic girdle (shoulders and/or hips)</p> <p>Once you have chosen the most appropriate handling method walk with the individual around the pool, using your handling to positively influence their gait pattern at the same time that are both singing a song.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="http://www.nadador.es/producto-detalle/37/collar-de-flotacion">http://www.nadador.es/producto-detalle/37/collar-de-flotacion</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve mobility of the extremities.</li> <li>• Balance.</li> <li>• Understanding simple commands.</li> <li>• Comprehensive lexicón: body parts.</li> <li>• Observation.</li> <li>• Imitation.</li> </ul>	<p><u>Change of role</u></p> <p>We place ourselves in front of the service user. By giving verbal instructions or by doing the action, indicate what part of the body they have to move, or what activity to carry out. The complexity of the activity will depend on the student’s cognitive ability.</p> <p>With this activity, the child returns to calm after the session.</p>	 
<p><b>Comments:</b> Flotation material if necessary (sleeves, noodles...)</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA">https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/manguitos-cinturon-natacion-nabaiji-azul-verde-estampado-cebra-15-a-30kg/_/R-p-4009?mc=8545676&amp;c=ROSA">https://www.decathlon.es/es/p/manguitos-cinturon-natacion-nabaiji-azul-verde-estampado-cebra-15-a-30kg/_/R-p-4009?mc=8545676&amp;c=ROSA</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Mobilize limbs globally, together with the present affected segments.</li><li>• Normalize muscle tone.</li><li>• Proprioception.</li><li>• Energy regulation.</li><li>• Vestibular system regulation.</li></ul>	<p><u><a href="#">It's relaxing time!</a></u></p> <p>The noodles provide the user with floating surface that allows them to lie down relaxed. We will take advantage to mobilize and integrate different parts of the body in the movement, either passively or actively-assisted. It can be used as a cool down activity at the end of the session.</p>	
<p><b>Comments:</b> 2 or 3 noodles depending on balance and flotation.</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Improve joint range.</li><li>• Normalise muscle tone.</li><li>• Proprioception.</li><li>• Energy regulation.</li><li>• Vestibular System Regulation.</li></ul>	<p><u>Stop: relax!</u></p> <p>A collar is placed on the student neck and noodles at the axillary level and below the knees. The physiotherapist mobilizes the arms and legs, always under the NO PAIN rule. If there is a lot of spasticity, it will be enough to make slow movements to regulate the muscle tone until the muscles relax and once there you can mobilize joints more easily.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li><li>• <a href="http://www.nadador.es/producto-detalle/37/collar-de-flotacion">http://www.nadador.es/producto-detalle/37/collar-de-flotacion</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Work on motor coordination and movement skills through water.</li> <li>• Content.</li> <li>• Approach and first contact with numbers.</li> <li>• Promote student motivation for learning the first numbers.</li> <li>• Visual perception.</li> <li>• Spatial orientation.</li> </ul>	<p><u>The house of numbers.</u></p> <p>Distribute all the EVA rubber numbers (from 0 to 9) by the pool. The student must go fishing for the numbers one by one and return to the edge of the pool where the “houses” of the numbers will be i.e. the molds where each pieces fit. Once the fishing is completed and each number is in their home, we will order them from 0 to 9.</p>	
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUNa-Ael7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUNa-Ael7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li> <li>• <a href="https://prenatal.es/producto/alfombra-eva-numeros-9-pz/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0r6HJzBJYqj4ZjD4DuZPsA-Ws_lqdDCP-ka8cprXg9YrDG-i8wLzlaAtVpEALw_wcB">https://prenatal.es/producto/alfombra-eva-numeros-9-pz/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0r6HJzBJYqj4ZjD4DuZPsA-Ws_lqdDCP-ka8cprXg9YrDG-i8wLzlaAtVpEALw_wcB</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Knowledge of themselves, their body and their own image.</li> <li>• Recognize the fundamental parts of the face.</li> <li>• Approximation to the first numbers associated with the quantity they represent.</li> <li>• Symbolic and creative work.</li> <li>• Comprehensive lexicón: body parts and numbers.</li> <li>• Recognition of body schema.</li> </ul>	<p><u>Parts of the face.</u></p> <p>This is an expository activity for early childhood education at the early stages of development. It is a first approach to numbers, getting closer to the meaning of quantities 1 and 2. We will do it using the face and its different parts (eyes, nose, mouth, ears...). At the end of the “face” construction, we will review each of the parts together with the student, emphasizing the quantity: if we have 1 or 2. We will ratify it by touching that part on the student and then on the teacher. Once the activity is finished, we will take each part of the face and take it to the mat of 1 or to that of 2 as appropriate.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/Hasbro-M-Patate-27657ez2-Multicolor/dp/B073PC1WQY/ref=sr_1_1?dchild=1&amp;keywords=mr+potato&amp;qid=1617826971&amp;sr=8-1">https://www.amazon.es/Hasbro-M-Patate-27657ez2-Multicolor/dp/B073PC1WQY/ref=sr_1_1?dchild=1&amp;keywords=mr+potato&amp;qid=1617826971&amp;sr=8-1</a></li> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Consolidate basic concepts about colours.</li> <li>• Their own situation in space.</li> <li>• Visual perception.</li> <li>• Better understand the environment and see possibilities for action on it through knowledge of shapes and colours.</li> <li>• Fine and gross motor skills.</li> </ul>	<p><u>The colour searcher</u></p> <p>We prepare 4 small mats with a coloured ring on each for reference (red, blue, green and yellow) and distribute objects of the different colours throughout the pool. During the activity the student must investigate throughout the pool and collect as many objects as possible and classify them by colour on each of the mats. They will search for squares, rectangles, circles and triangles throughout the pool.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.juguear.com/comprar/juguetes/mesas-de-luz/36-figuras-geometricas-3d-translucidas-tickit/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0BKMp8YQAQ30OS3sCl6zL_X-vKsT11eRdFF6zatmvr0mffeJae-9coaAoHVEALw_wcB">https://www.juguear.com/comprar/juguetes/mesas-de-luz/36-figuras-geometricas-3d-translucidas-tickit/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0BKMp8YQAQ30OS3sCl6zL_X-vKsT11eRdFF6zatmvr0mffeJae-9coaAoHVEALw_wcB</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Visual perception.</li><li>• Better understand the environment and see possibilities for action on it through knowledge of shapes and sizes.</li><li>• Spatial orientation.</li><li>• Fine and gross motor skills.</li></ul>	<p><u><a href="#">Sizes searcher.</a></u></p> <p>We prepare two mats, one big and one small and distribute big and small objects throughout the pool. During the activity the student must search the pool and collect as many objects as possible and classify them by size. They will put the large figures on one mat and the small ones on the other.</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.juguear.com/comprar/juguetes/mesas-de-luz/36-figuras-geometricas-3d-translucidas-ticket/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0BKMp8YAYQ30OS3sCI6zL_X-vKsT11eRdFF6zatmvr0mffEJae-9coaAoHVEALw_wcB">https://www.juguear.com/comprar/juguetes/mesas-de-luz/36-figuras-geometricas-3d-translucidas-ticket/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0BKMp8YAYQ30OS3sCI6zL_X-vKsT11eRdFF6zatmvr0mffEJae-9coaAoHVEALw_wcB</a></li><li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li></ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"> <li>• Better understand the environment and see possibilities for action on it through knowledge of kitchen utensils.</li> <li>• Math skills work:classification.</li> <li>• Spatial orientation.</li> <li>• Improve Independence in activities of daily livin: nutrition.</li> <li>• Fine motor skills.</li> </ul>	<p><u>Let's eat!</u></p> <p>We use tables as trays. On another mat, we put all the plates, glasses and silverware mixed up. The student will have to place the plate, glass and cutlery of the same colour on each tray</p>	
	<p><b>Comments:</b></p>		
	<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://neoferr.com/nuevos/146522-set-picnic-24-piezas-4-colores-179650680-8719202470642.html">https://neoferr.com/nuevos/146522-set-picnic-24-piezas-4-colores-179650680-8719202470642.html</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Improve attention.</li><li>• Build fine and gross motor skills.</li><li>• Visual perception.</li><li>• Spatial orientation.</li><li>• Better understand the environment and see possibilities for action on it through knowledge of shapes and colours.</li></ul>	<p><u>Fitting shapes.</u></p> <p>We overturn the shapes by the pool. The student collects the figures and places them in the cube through the corresponding hole.</p>	 
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li><li>• <a href="https://www.fisher-price.com/es-es/product/bloques-infantiles-ffc84">https://www.fisher-price.com/es-es/product/bloques-infantiles-ffc84</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve attention and perception skills.</li> <li>• Build fine motor skills.</li> <li>• Hand eye coordination.</li> <li>• First contact with numbers.</li> <li>• Math skills work: counting.</li> </ul>	<p><u>Each ball in its place!!</u></p> <p>The student will have to collect the ping pong balls that we will have left by the pool, and they will have to place them on the mat, each ball in a hole.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ortotecsa-rehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html">https://www.ortotecsa-rehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html</a></li> <li>• <a href="https://www.amazon.es/Sussex-Supplies-Ping-Pong-Logotipos/dp/B07FT68NFS/ref=sr_1_6?dchild=1&amp;keywords=150+pelotas+ping+pong&amp;qid=1617828979&amp;sr=8-6">https://www.amazon.es/Sussex-Supplies-Ping-Pong-Logotipos/dp/B07FT68NFS/ref=sr_1_6?dchild=1&amp;keywords=150+pelotas+ping+pong&amp;qid=1617828979&amp;sr=8-6</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"> <li>• Attention improvement.</li> <li>• Work on motor coordination and movement skills through water.</li> <li>• Hand eye coordination.</li> <li>• Spatial orientation.</li> <li>• Comprehensive lexicon.</li> <li>• Understanding simple commands</li> </ul>	<p><u><a href="#">Let's go on shopping!</a></u></p> <p>With a bucket, the student collects the food that we have previously scattered in the water. The teacher may ask you by voice or with pictograms for the food you have to put in the basket.</p>	 
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"> <li>• <a href="https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjk8jX4zcS0lxJFnXrQAdCrddR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB">https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjk8jX4zcS0lxJFnXrQAdCrddR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB</a></li> <li>• <a href="https://www.amazon.com/-/es/Anniston-alimentos-reutilizables-simulaci%C3%B3n-Multicolor/dp/B081DMGJY2">https://www.amazon.com/-/es/Anniston-alimentos-reutilizables-simulaci%C3%B3n-Multicolor/dp/B081DMGJY2</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Consolidate basic concepts: colours.</li><li>• Visual perception.</li><li>• Better understand the environment and check the possibilities for action in it through the recognition of geometric shapes and colours.</li><li>• Spatial orientation.</li><li>• Motor skills work.</li></ul>	<p><u>Each ball with its colour!</u></p> <p>We leave floating rings in the pool. From the shore the student has to take the balls one by one and put it inside the ring of the corresponding colour.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5">https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5</a></li><li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685</a></li></ul>		

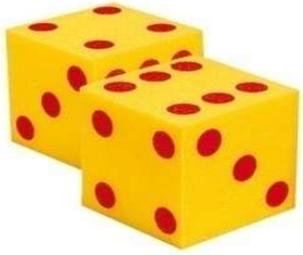


Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Improving attention.</li><li>• Waiting times and shifts.</li><li>• Fine motor skills.</li><li>• Hand eye coordination.</li><li>• Impulse control.</li><li>• Spatial orientation.</li><li>• Better understand the environment and check the possibilities for action in it through the recognition colours.</li></ul>	<p><u><a href="#">Pass the ball!</a></u></p> <p>The participant and the professional have several balls. The balls must be passed one by one, respecting the alternation of turns. You can only pass the ball once the command “ready, steady and go”</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5">https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Posture control.</li> <li>• Balance.</li> <li>• Attention and memory.</li> <li>• Improve Independence activities of daily living in service.</li> <li>• Language stimulation.</li> <li>• Comprehensive and expressive language.</li> </ul>	<p><u>Once upon a time...</u></p> <p>The child sits on our thigh and the stories are told interactively, “it’s coloured....like...?”, How does the .....? at the end of the story questions are asked to remember the characters and how they are or what they did. Ask them to search the pool for objects or animals that appear in the book.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ortopediamimas.com/ayudas-de-bano/sillas-de-ducha-con-ruedas/1676-silla-de-ducha-con-ruedas-alize.html">https://www.ortopediamimas.com/ayudas-de-bano/sillas-de-ducha-con-ruedas/1676-silla-de-ducha-con-ruedas-alize.html</a></li> <li>• <a href="https://www.eurekakids.es/juguete/eurekakids/libro-de-bano-ducky?id_afiliado=11&amp;tduid=54a647feacd7358fbe50388a3688066e">https://www.eurekakids.es/juguete/eurekakids/libro-de-bano-ducky?id_afiliado=11&amp;tduid=54a647feacd7358fbe50388a3688066e</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Improve respiratory.</li><li>• Provide self-control strategies.</li><li>• Improve rest and sleep activities.</li><li>• Self-organization.</li><li>• Murmur Control.</li><li>• Math skills work: counting.</li></ul>	<p><u>Roll the dice and relax:</u></p> <p>The dice are thrown and the points are added, if the result is even, bubbles are made through the nose and if it is odd through the mouth. Between rolls, several breaths are made, inhaling through the nose and exhaling through the mouth.</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.jugaia.com/es/tipo-de-juguete/juegos-de-mesa/juegos-de-mesa-educativos/dados-grandes-de-espuma">https://www.jugaia.com/es/tipo-de-juguete/juegos-de-mesa/juegos-de-mesa-educativos/dados-grandes-de-espuma</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Pincer grasp.</li> <li>• Prono-supination.</li> <li>• Constructive praxis.</li> <li>• Attention, memory and concentration.</li> <li>• Breath control.</li> <li>• Development of motor patterns: swim/dive.</li> </ul>	<p><u>Building</u></p> <p>Screws and nuts are released in the pool. The screws float and nuts sink. Students try to catch the nuts with the net before they sink. They must dive to collect the rest of the pieces that have sunk.</p> <p>Once all the pieces have been collected, they can simply be screwed on or screwed in to the board or they can assemble the object according to the model or build an object freely.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ortotecsarehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html">https://www.ortotecsarehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html</a></li> <li>• <a href="https://www.amazon.com/-/es/Juguetes-divertidos-peque%C3%B1os-pescar-juguetes/dp/B07Y8HMLHS">https://www.amazon.com/-/es/Juguetes-divertidos-peque%C3%B1os-pescar-juguetes/dp/B07Y8HMLHS</a></li> <li>• <a href="https://www.amazon.es/Miniland-educativo-tornillos-tuercas-pl%C3%A1stico/dp/B000PG9334/ref=dp_prsubs_3?pd_rd_i=B000PG9334&amp;psc=1">https://www.amazon.es/Miniland-educativo-tornillos-tuercas-pl%C3%A1stico/dp/B000PG9334/ref=dp_prsubs_3?pd_rd_i=B000PG9334&amp;psc=1</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Hand eye coordination.</li><li>• Improved joint mobility.</li><li>• Crossing middle line.</li><li>• Sequencing.</li><li>• Attention and memory.</li><li>• Comprehensive lexis.</li><li>• Understanding of simple commands.</li></ul>	<p><u>Moorish skewer!!</u></p> <p>Each floating ring will be an ingredient of the skewer (red: pepper, orange: meat, yellow: onion...). We will assemble the skewer according to the indications of the ingredients and position the bar in such a way that it performs the movements we want to work on.</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685</a></li><li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Pincer grasp.</li> <li>• Muscular tone.</li> <li>• Postural control and balance.</li> <li>• Hand eye coordination.</li> <li>• Attention.</li> <li>• Development of general skills: colours.</li> </ul>	<p><u>Water hockey!!</u></p> <p>The child holds onto a floating bar and we hit a ball with the floats as directed (alternately with the right buoy and with the left, as indicated e.g. twice with each one, telling a story and each time a certain word is said to find that side).</p> <p>The child can also be seated at a table and the therapist can make rotation and rocking movements.</p>	
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5">https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Pincer grasp.</li><li>• Coordination and balance reactions.</li><li>• Postural control and lateral movements.</li><li>• Muscular tone.</li><li>• Language stimulation.</li></ul>	<p><u><a href="#">In daddy's car!!</a></u></p> <p>The child will be sitting on a flotation board and will hold a ring as a car steering wheel. We will move around the pool (singing the song from Dad's car) and we will make movements on the axes, varying the speed, the direction...</p> <p>The therapist push the floatation board...</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li><li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>Improved joint mobility.</li> <li>Muscular tone and strength.</li> <li>Coordination, and balance reactions.</li> <li>Reaching and grasping.</li> <li>Comprehensive lexis: the body.</li> <li>Understanding of simple commands.</li> <li>Work on body schema.</li> <li>Activities of daily living: shower.</li> </ul>	<p><u>Traveling!</u></p> <p>A circuit is made with the steps and with the “tree” of the rings. The tour is carried out as proposed e.g. walking and climbing over the steps; jumping off the step with 2 feet together... At the same time the individual carries the small hoops as indicated e.g. on the head, on the right arm... and places them on the tree e.g. with both hands, with one hand, with eye closed...</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li><a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8I4jQUNa-Ael7E8mdPVPOYtwzvqgb33KK766-1H-q8neVSI6zUiaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8I4jQUNa-Ael7E8mdPVPOYtwzvqgb33KK766-1H-q8neVSI6zUiaAmXCEALw_wcB</a></li> <li><a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabajji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabajji-con-lastres/_/R-p-3803?mc=8545685</a></li> <li><a href="https://decorshopping.es/muebles-auxiliares/8789-perchero-de-pie-metalico-con-9-ganchos-color-blanco-muebles-auxiliares-8435428737139.html">https://decorshopping.es/muebles-auxiliares/8789-perchero-de-pie-metalico-con-9-ganchos-color-blanco-muebles-auxiliares-8435428737139.html</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Midline crossing.</li> <li>• Hand eye coordination.</li> <li>• Bilateral integration.</li> <li>• Improved joint mobility.</li> <li>• Promote Independence in the activities of daily living: dressing and eating</li> <li>• Enhancing language pre-requisites.</li> <li>• Visual and auditory discrimination: farm animals.</li> </ul>	<p><u><a href="#">Feed the lobster!</a></u></p> <p>Depending on the mobility of the student, the balls will be put in a hoop or distributed around the pool. The student has to hunt the balls one by one to feed the lobster and must leave them in a bucket or another hoop.</p> <p>The level of difficulty can be increased if we use kinder eggs with a letter inside. The individual will have to say words that start with that letter. The chosen theme will support what is being worked on in the classroom.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjk8jX4zcS0lxJFnXrQAdCrdDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB">https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjk8jX4zcS0lxJFnXrQAdCrdDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB</a></li> <li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabajji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabajji-con-lastres/_/R-p-3803?mc=8545685</a></li> <li>• <a href="https://www.amazon.es/Juguete-Ba%C3%B1o-Figuras-Animales-Ni%C3%B1os/dp/B07QX3KP3K">https://www.amazon.es/Juguete-Ba%C3%B1o-Figuras-Animales-Ni%C3%B1os/dp/B07QX3KP3K</a></li> <li>• <a href="https://www.alcampo.es/compra-online/ver-mas/juguetes/juguetes-de-exterior/juguetes-de-playa/one-two-fun-alcampo-pinza-langosta/p/782031">https://www.alcampo.es/compra-online/ver-mas/juguetes/juguetes-de-exterior/juguetes-de-playa/one-two-fun-alcampo-pinza-langosta/p/782031</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"> <li>• Proprioception and balance.</li> <li>• Praxias.</li> <li>• Pincer grasp.</li> <li>• Tactile discrimination.</li> <li>• Stereognosia.</li> <li>• Comprehensive lexis: the body.</li> <li>• Work on body schema.</li> </ul>	<p><u>Feel feeling!!!</u></p> <p>With the child sitting in the chair or on our leg provide different tactile sensations with the different objects; e.g. Bumpy texture or pouring water from the watering can. The individual can manipulating the objects or we can produce the stimulation for them, We can simultaneously name the different parts of the body. Always respect the child's reactions to sensory stimuli being careful not to over stimulate or distress them.</p>	  
	<p><b>Comments:</b></p>		
	<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ofertamenaje.com/regadera-plastico?gclid=Cj0KCQjw38-DBhDpARisADJ3kjmS6Jplncl2WpiX_3nbXyhnhsK14oFdPrIMFBwV9HSXzT7NYOu34bsaAgHrEALw_wcB">https://www.ofertamenaje.com/regadera-plastico?gclid=Cj0KCQjw38-DBhDpARisADJ3kjmS6Jplncl2WpiX_3nbXyhnhsK14oFdPrIMFBwV9HSXzT7NYOu34bsaAgHrEALw_wcB</a></li> <li>• <a href="https://www.bblandia.es/juguetes-para-bebes/juguetes/pack-8-pelotas-sensoriales-de-ludi.html?gclid=Cj0KCQjw38-DBhDpARisADJ3kin3oPQ82tprcnM7Zd7hRB-kT8FP1XB8ZU0Uf_NRK2nWrZ61n8EfN9oaAuLDEALw_wcB">https://www.bblandia.es/juguetes-para-bebes/juguetes/pack-8-pelotas-sensoriales-de-ludi.html?gclid=Cj0KCQjw38-DBhDpARisADJ3kin3oPQ82tprcnM7Zd7hRB-kT8FP1XB8ZU0Uf_NRK2nWrZ61n8EfN9oaAuLDEALw_wcB</a></li> <li>• <a href="https://elksport.com/discos-tactiles-b">https://elksport.com/discos-tactiles-b</a></li> <li>• <a href="https://www.amazon.com/-/es/exfoliante-guantes-esponja-limpiadores-variados/dp/B06XP5F23J">https://www.amazon.com/-/es/exfoliante-guantes-esponja-limpiadores-variados/dp/B06XP5F23J</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Proprioception and postural control.</li><li>• Vestibular stimulation.</li><li>• Bimanual coordination.</li><li>• Development of motor patterns: swim/dive.</li><li>• Better understand the environment and check the possibilities for action in it through the recognition colours and numbers.</li></ul>	<p><u>Each cow with its partner</u></p> <p>The parts of the cow are separated and the child is asked to assemble the cows.</p> <p>The difficulty may be increased depending on the child's abilities. We can use weights, hide the cows...</p> <p>The parts of the cow are spread around the pool; they are taken to the edge of the pool one by one by walking or swimming. When all the pieces have been collected, an attempt is made to assemble the cows. You can do exercises with colours, numbers...</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://infanfy.es/producto/frutas-y-vegetales-divisibles/">https://infanfy.es/producto/frutas-y-vegetales-divisibles/</a></li></ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Develop/improve the ability of auditory perception.</li><li>• Improve understanding of oral language.</li><li>• Acquire the basic prerequisites of language.</li><li>• Develop/improve imitation skills.</li></ul>	<p><u>Hot potatoes!!</u></p> <p>The child and the therapist stand in front of each other. They have to pass the ball between them until the song that is playing tops. The one with the ball loses when the song is over</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li></ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"> <li>• Develop/improve the ability of auditory, and visual perception.</li> <li>• Present communicative intention.</li> <li>• Produce words, phrases and speeches using spoken language.</li> <li>• To follow a song.</li> <li>• Develop/improve imitation skills.</li> <li>• Improve the daily living activities.</li> </ul>	<p><u><a href="#">The gardener</a></u></p> <p>Used to familiarize the participants with the aquatic environment and as a previous step to submerge the head in the water. It can be done inside the pool or next to the edge. Each of the participants will assume the role of “flower” or “gardener”. We fill a watering can. The “gardener” will have the watering can and must pour water to the “flower” so that it grows. Then we change the roles.</p> <p>To promote communication and work on language, participants will sing a song related to the theme of the activity, for example “we are like flowers, available at this link:</p> <p><a href="https://www.youtube.com/watch?v=uezJQyC5J7Q">https://www.youtube.com/watch?v=uezJQyC5J7Q</a>.</p>	
	<p><b>Comments:</b></p>		
	<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ofertamenaje.com/regadera-plastico?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjmS6Jplncl2WpiX_3nbXyhnhsK14oFdPRiMFBwV9HSXzT7NYOu34bsaAgHrEALw_wcB">https://www.ofertamenaje.com/regadera-plastico?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjmS6Jplncl2WpiX_3nbXyhnhsK14oFdPRiMFBwV9HSXzT7NYOu34bsaAgHrEALw_wcB</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Present an adequate respiratory pattern for phonation.</li><li>• Improve coordination of orofacial structures.</li><li>• Control saliva inside the mouth.</li><li>• Inhibit primitive pathological reflexes.</li><li>• Work on motor skills.</li><li>• Spatial orientation.</li></ul>	<p><u><a href="#">Loose lips sink ships!</a></u></p> <p>Participants stand at one end of the pool with a depressor between their lips- They have to walk to the opposite end of the pool without the depressant falling off. They will receive a point for each time they arrive with in between their lips.</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.vialta.es/material-medico/depresores/5129-depresor-lingual-de-plastico-bolsa-100-uds.html">https://www.vialta.es/material-medico/depresores/5129-depresor-lingual-de-plastico-bolsa-100-uds.html</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Develop/improve the ability of visual perception.</li><li>• Improve language at the form level.</li><li>• Improve language at the content level: colour.</li><li>• Fine motor skills.</li><li>• Hand eye coordination</li></ul>	<p><u>Joining colours</u></p> <p>There is a row of rings of different colours. The participant has balls of those same colours. The task is to catch a ball, name the colour and put it in the ring of the corresponding colour until the balls are placed.</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li><li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685</a></li></ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Manage expiratory force through the breath (strong or weak)</li><li>• Understand messages expressed with signs or pictograms.</li><li>• Spatial orientation.</li><li>• Balance.</li><li>• Proprioception</li></ul>	<p><u>Bubbles</u></p> <p>The participant must make bubbles on the pool's Surface or below it according to the professional's instructions. The professional indicates with the hand or with pictograms, the duration of the bubbles and where they are made: on the Surface or in the water.</p>	
	<p><b>Comments:</b> No material needed.</p>		
	<p><b>Material references:</b></p>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• To develop/improve the ability of auditory perception.</li><li>• To expand vocabulary.</li><li>• Use signs or pictograms to express messages.</li><li>• Improve Independence in activities of daily living: bath.</li><li>• Development of global motor patterns.</li></ul>	<p><u>The signed song</u></p> <p>We sing a song accompanied by signs to refer to the content words. The professional sings and signs the song and encourages the participant to also sign the corresponding words. For example, you can use the song “Pin Pon in a doll” to do the activity. Signs can be modelled on the participant until he internalized them and is able to perform them on his own.</p>	
	<p><b>Comments:</b> No material needed.</p>		
	<p><b>Material references:</b></p>		

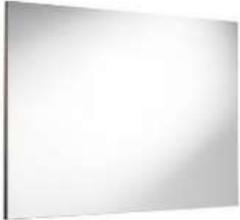


Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Develop/improve imitation skills.</li> <li>• Improve oral understanding language.</li> <li>• Fine motor skills: reaches.</li> <li>• Hand eye coordination.</li> <li>• Development of aquatic motor patterns: swim.</li> <li>• Spatial orientation.</li> <li>• Consolidate basic concepts: the numbers.</li> </ul>	<p><u>Fittings</u></p> <p>It's explained to the participant that they have to put the figures inside the cube and later, examples of this are done by the professional. The participant will have to fit each figure into its shape, either because it has understood the message or because it imitates the action of the professional.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisher-price.com/es-es/product/bloques-infantiles-ffc84">https://www.fisher-price.com/es-es/product/bloques-infantiles-ffc84</a></li> <li>• <a href="https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA">https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA</a></li> <li>• <a href="https://www.decathlon.es/es/p/manguitos-cinturon-natacion-nabaiji-azul-verde-estampado-cebra-15-a-30kg/_/R-p-4009?mc=8545676&amp;c=ROSA">https://www.decathlon.es/es/p/manguitos-cinturon-natacion-nabaiji-azul-verde-estampado-cebra-15-a-30kg/_/R-p-4009?mc=8545676&amp;c=ROSA</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Develop/improve the ability of auditory perception.</li><li>• Laterality.</li><li>• Body schema.</li><li>• Attention.</li></ul>	<p><u>What's playing?</u></p> <p>Different sounds are offered to the participant in different places with respect to his body (to his right, to his left, behind him, under water...) The participant has to turn the head towards the place where the sound has been produced.</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.es/pelota-cascabel-gato/s?k=pelota+cascabel+gato">https://www.amazon.es/pelota-cascabel-gato/s?k=pelota+cascabel+gato</a></li></ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Develop/improve the ability of visual perception.</li><li>• Develop/improve imitation skills.</li><li>• Praxias.</li><li>• Attention.</li><li>• Balance.</li><li>• Propioception</li></ul>	<p><u><a href="#">Mirror, mirror on the Wall!!!</a></u></p> <p>A mirror is placed in front of the participant (on the edge of the pool or on top of a mat if necessary).</p> <p>The professional stands behind or next to the participant, so that their reflection is also seen in the mirror. We perform different movements in front of the mirror, such as praxis for the participant to see and imitate them while looking in the mirror.</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.leroymerlin.es/fp/80013514/espejo-cuadrada-jo-negro-30-6-x-30-6-cm?utm_source=awin&amp;awc=20598_1618825348_bc2a01cf5b3607879f3b4f020817a72a">https://www.leroymerlin.es/fp/80013514/espejo-cuadrada-jo-negro-30-6-x-30-6-cm?utm_source=awin&amp;awc=20598_1618825348_bc2a01cf5b3607879f3b4f020817a72a</a></li></ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Develop/improve the ability of visual and auditory perception.</li><li>• Develop/improve imitation skills.</li><li>• Improve the understanding of oral language.</li><li>• Fine motor skills: throw.</li><li>• Hand eye coordination.</li><li>• Improve impulse control skills.</li><li>• Consolidate basic concepts: colours.</li></ul>	<p><u>Pass the ball!</u></p> <p>The participant and the professional have several balls of different colours. The balls must be passed one by one, respecting the alternation of turns while the therapist is saying the colour. The participants can pass the ball once the therapist says "1, 2 3".</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li></ul>		



# Medium level





Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Achieve an improvement in the cardio-pulmonary complex.</li><li>• Work your breath in a controlled way.</li><li>• Work on strength and overall muscle tone.</li><li>• Improve impulse control skills.</li><li>• Improve the understanding of oral language.</li><li>• Balance and coordination.</li><li>• Spatial orientation.</li></ul>	<p><u><a href="#">Dive into motion</a></u></p> <p>Jump in a combined way (out and in the water), taking into account that when you sink, touch the ground with your hands, if you have good capacity.</p> <p>In the event that they cannot, it's enough that they manage to dive underwater and jump to ascend to the surface, or be guided with the help of the professional, controlling their movement with their respiratory cycle.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Optimize movements 'precision.</li> <li>• Improve visual-manual speed</li> <li>• Work global force</li> <li>• Promote coordination</li> <li>• Working on vocabulary from different semantic fields.</li> <li>• Consolidate the contents worked on in the classroom.</li> </ul>	<p><u>Baskets in the basket</u></p> <p>Basket throw by dipping the ball previously to increase the complication if the exercise; giving it greater resistance and jumping every time they launch (if possible).</p> <p>Balls of different sizes can also be used in each roll.</p> <p>In children with greater motor skills, depending on the fit, the basket will move away, thus complicating the exercise. If it fails, it will approach. The game will end when the basket reaches an agreed goal.</p>	
<p><b>Comments:</b> different sizes balls,</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li> <li>• <a href="https://www.amazon.es/Bestway-52190-Baloncesto-Hinchable-Flotante/dp/B00FO7E071">https://www.amazon.es/Bestway-52190-Baloncesto-Hinchable-Flotante/dp/B00FO7E071</a></li> </ul>		

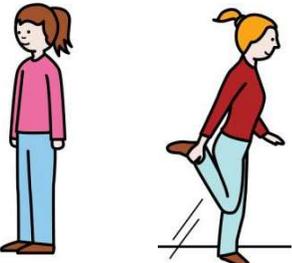


Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve postural control and balance reactions.</li> <li>• Increase muscle strength.</li> <li>• Improve/maintain joint travel</li> <li>• Memory and attention.</li> <li>• Spatial orientation.</li> </ul>	<p><u>Horse race!!</u></p> <p>Cross the pool from one side to the other without resting your feet on the ground, mounted on a noodle (with or without another flotation divide). It will advance with the propulsion of upper and lower limbs. First only with lower extremities, then with the upper ones and finally with both at the same time. At all times maintaining balance so as not to tip over.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA">https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Strengthening of the global musculature.</li> <li>• Action-reaction work</li> <li>• Promotion of swimming styles (crawl, breaststroke, diving).</li> <li>• Spatial orientation.</li> <li>• Working on phonological skills</li> <li>• Memory and attention.</li> <li>• Consolidate the contents worked on in the classroom.</li> </ul>	<p><u>Combined relays</u></p> <p>IT's played in pairs. A student has to take a weight ball (located at one end of the pool) and take it to the partner swimming. Once the next student has it, he will have to dive to the other side of the pool. · relays will be executed and later another 3 with a change of roles. (the one that swims try to dice and vice versa)</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li> <li>• <a href="https://grupoarencibia.com/producto/pelotas-con-peso-theraband/">https://grupoarencibia.com/producto/pelotas-con-peso-theraband/</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Indirect work of the breath, along with a control of the respiratory capacity so as not to swallow water.</li><li>• Improve and integrate mental adjustment to the aquatic environment.</li><li>• Working on imitation skills.</li><li>• Visual memory.</li></ul>	<p><u>Figures under the sea.</u></p> <p>We show the student the figure that we want to carry out underwater and previously it's indicated how he has to catch/release air to sink to the ground. The figures can be animals, geometric shapes, a posture...</p>	  
<p><b>Comments:</b> Pictograms or different images can be used to facilitate the activity</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li><li>• <a href="https://arasaac.org/">https://arasaac.org/</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Achieve an improvement in the reception of objects.</li> <li>• Improve mobility and joint range of the upper extremities.</li> <li>• Improve eye-hand coordination.</li> <li>• Balance.</li> <li>• Body schema.</li> <li>• Promoting language comprehension.</li> </ul>	<p><u>Goalkeeper or stopper!!</u></p> <p>In a row, each player throws the ball with one hand or with both hands in the middle of the possible; towards the goal where another user is and will move (the goalkeeper at the end of the line) so that everyone executes the activity of receiving and throwing the ball (shot and change).</p> <p>There are three shooting opportunities to try to “score”. The complication of the exercise can be increased by increasing the shooting speed, or by changing the size of the balls.</p>	
<p><b>Comments:</b> different sizes balls</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li> <li>• <a href="https://www.brycus.es/porteria-waterpolo-bestway-b1f40/?otcountry=ES&amp;gclid=EAlaIqobChMI44eg7JSK8AIVAbDtCh0RxAWgEAQYBSABEGk3MfD_BwE">https://www.brycus.es/porteria-waterpolo-bestway-b1f40/?otcountry=ES&amp;gclid=EAlaIqobChMI44eg7JSK8AIVAbDtCh0RxAWgEAQYBSABEGk3MfD_BwE</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Improve eye-hand coordination.</li><li>• Work the action-reaction.</li><li>• Memory.</li><li>• Enhancing communication skills.</li><li>• Math skills work: addition and subtraction.</li></ul>	<p><u>Aquatic bowling</u></p> <p>The coloured pins are put on a mat. The student or students (you can do the activity individually or in a group), have to throw the highest number of boluses indicated by the professional (chosen by means of a colour). If it is in group, the activity ends when the first one knocks down all the pins.</p> <p>If it's just playing one student, the activity can be repeated 3 times, making it difficult (throw with one hand, with the other, with both, in monopodial support...)</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li><li>• <a href="https://www.dinydon.com/otros-juegos/bolera-con-6-bolos-de-30-cm-2-bolas-red-42904?gclid=EAlalQobChMlt7EtpWK8AIVjLbtCh25qQMjEAQYBCABEgJha_D_BwE">https://www.dinydon.com/otros-juegos/bolera-con-6-bolos-de-30-cm-2-bolas-red-42904?gclid=EAlalQobChMlt7EtpWK8AIVjLbtCh25qQMjEAQYBCABEgJha_D_BwE</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Trunk control work.</li><li>• Action-reaction improvement.</li><li>• Strengthen or enhance the muscles of the four extremities.</li><li>• Acquire a correct laterality.</li><li>• To promote comprehension of spoken language.</li><li>• Promote vestibular stimulation.</li><li>• Promote discrimination of body parts.</li><li>• Consolidate the contents worked on in the classroom.</li></ul>	<p><u>The stranded ship</u></p> <p>The student gets on top of the mat and must be guided by the professional, responsible for giving the necessary signs for the student to advance on the route. Verbally tells you if you have to move with your hands or legs and side of them. The activity will end when the student has reached the end of the road.</p> <p>In between, turbulence, sudden movements can be made... inconveniences to make the exercise more complicated.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Work of the flotation axes (dorsal and ventral).</li> <li>• March work.</li> <li>• Consolidate the contents worked on in the classroom.</li> <li>• Fine motor skills: scopes.</li> <li>• Acquire correct postural control.</li> <li>• Laterality.</li> <li>• To promote comprehension of spoken language.</li> </ul>	<p><u>Posture circuit.</u></p> <p>We start swimming (ventral flotation) or doing the bike holding onto the flotation bar, until we reach the steps (placed in a row). In them, the student has to walk until they reach the end of the path and we will return to the starting point face-up (black float)</p> <p>As a variation, hoops can be carried on the float bar and transported from one side to the other.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwslWDBhCmARIsAPSL3_0Lu8I4jQUNa-AeI7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUIaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwslWDBhCmARIsAPSL3_0Lu8I4jQUNa-AeI7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUIaAmXCEALw_wcB</a></li> <li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve contact with the aquatic environment.</li> <li>• Work swimming styles or teach swimming.</li> <li>• Strengthening of the global musculature.</li> <li>• Achieve autonomy in the aquatic environment.</li> <li>• Improve the understanding of oral language.</li> <li>• Body schema.</li> </ul>	<p><u>Swimming!!!</u></p> <p>This activity will be mainly aimed at those students who still need support material for swimming.</p> <p>With the sleeves on, we will first do a long motion with our legs (giving the order “splash with your feet”), and on the way back we will move our arms (giving the order “Give a big huge” or “hand me the ball”, depending on the child’s abilities). As they get longer, we will give the student more freedom and instruct him to move arms and legs alternately.</p>	
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA">https://www.decathlon.es/es/p/manguitos-natacion-nabaiji-naranja-30-a-60kg/_/R-p-170084?mc=8545668&amp;c=NARANJA</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/manguitos-cinturon-natacion-nabaiji-azul-verde-estampado-cebra-15-a-30kg/_/R-p-4009?mc=8545676&amp;c=ROSA">https://www.decathlon.es/es/p/manguitos-cinturon-natacion-nabaiji-azul-verde-estampado-cebra-15-a-30kg/_/R-p-4009?mc=8545676&amp;c=ROSA</a></li> <li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Improve the understanding of oral language.</li><li>• Manage the expiratory force through the murmur (strong or weak).</li><li>• Improve the coordination of orofacial structures.</li><li>• Gross motor skills</li><li>• Math skills work: counting.</li></ul>	<p><u>Blow stroke, spin 180°</u></p> <p>The participant has to walk while blowing hard the object to make it turn, counting the number of turns; he has to count the number of turns made by each participant and wins the one that performs the most in the journey.</p>	
<b>Comments:</b>		
<b>Material references:</b> <a href="https://www.amazon.com/-/es/equilibrio-espacio-energetic-ejercicio-interiores/dp/B075SYD81P">https://www.amazon.com/-/es/equilibrio-espacio-energetic-ejercicio-interiores/dp/B075SYD81P</a>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Present communicative intention.</li><li>• Adapt behaviour according to circumstances, as well as decision making, planning, abstract thinking and mental flexibility.</li><li>• Improve language at usage level.</li><li>• Balance</li><li>• Proprioception</li></ul>	<p><u>Castaway</u></p> <p>One participant climbs onto the round mat, the professionals try to throw him into the water and the rest of the participants have to prevent their partner from falling - in addition to verbally encouraging them - reaching the edge of the pool. In this way, the simulation of a situation in which the castaway tries to reach the shore is achieved.</p>	
<b>Comments:</b>		
<b>Material references:</b> <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve the understanding of oral language.</li> <li>• Produce words, phrases and speeches using spoken language.</li> <li>• Develop communication skills.</li> <li>• Balance</li> <li>• Scopes work.</li> <li>• Improve eye-hand coordination.</li> <li>• Consolidate basic concepts: colours</li> </ul>	<p><u>Basket!</u></p> <p>We put a basket in the centre of the pool space and make a circle around it. The players have to request the ball from the professional to throw it. Depending on the participant's communication and language skills, the emission of a sound, the emission of a word or the production of a sentence (e.g. "I want the blue ball, please") will be considered valid.</p>	   
<p><b>Comments:</b> different sizes balls</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li> <li>• <a href="https://www.amazon.es/Bestway-52190-Baloncesto-Hinchable-Flotante/dp/B00FO7E071">https://www.amazon.es/Bestway-52190-Baloncesto-Hinchable-Flotante/dp/B00FO7E071</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Increase comprehension capacity.</li> <li>• Produce words, phrases and speeches using spoken language.</li> <li>• Expand vocabulary.</li> <li>• Expand the semantic relationships between words.</li> <li>• Spatial orientation.</li> <li>• Global motor skills</li> <li>• Consolidate basic concepts: counting</li> </ul>	<p><u><a href="#">Save the animals</a></u></p> <p>We distribute different animals around the pool and the participants have to pick them up and put them on a mat. The professional explains to the participants that they have to look for the animals, take them and put them on the mat to save them. At the end, the animals that each participant has saved are counted. Later, the different animals are named.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> <li>• <a href="https://www.amazon.es/Juguete-Ba%C3%B1o-Figuras-Animales-Ni%C3%B1os/dp/B07QX3KP3K">https://www.amazon.es/Juguete-Ba%C3%B1o-Figuras-Animales-Ni%C3%B1os/dp/B07QX3KP3K</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Manage expiratory force through the breath (strong or weak).</li><li>• Increase comprehension capacity.</li><li>• Consolidate basic concepts: counting.</li><li>• Proprioception</li><li>• -Attention</li></ul>	<p><u>Tennis</u></p> <p>We put a rope in the center of the pool. On each side of it will be the different participants. The student has to blow a ball to go through the rope and pass it to the other team members. Also, the number of times the ball crosses the string will be counted.</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li><li>• <a href="https://tienda.fisaude.com/cuerda-psicomotricidad-medida-25-metros-p-36601.html?utm_source=twenga&amp;utm_campaign=twenga&amp;utm_medium=cpc">https://tienda.fisaude.com/cuerda-psicomotricidad-medida-25-metros-p-36601.html?utm_source=twenga&amp;utm_campaign=twenga&amp;utm_medium=cpc</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>Expand the semantic relationships between words.</li> <li>Improve impulse control skills</li> <li>Memory</li> <li>Attention</li> <li>Global motor skills</li> <li>Expressive lexicon</li> <li>Improve language at content level</li> <li>Consolidate the contents worked on in the classroom.</li> </ul>	<p><u>Bomb</u></p> <p>The participants are arranged in a circle. They have to pass the ball to the next teammate until the "bomb explodes" (until the timer goes off). They must pass the ball while they say words that the speech therapist requests. These words will be from different semantic fields (for example, "we are going to say names of means of transport, food, professions, clothing, animals, etc."). The one with the ball (bomb) loses when the timer sounds.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li><a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li> <li><a href="https://printulogo.com/personaliza/hogar-y-decoracion/1180-9870-temporizador-holly.html?gclid=EAIaIQobChMIvqnzyZyK8AIV0-3tCh2LygCBEAQYAIBEGJR5PD_BwE">https://printulogo.com/personaliza/hogar-y-decoracion/1180-9870-temporizador-holly.html?gclid=EAIaIQobChMIvqnzyZyK8AIV0-3tCh2LygCBEAQYAIBEGJR5PD_BwE</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Use gestures or non-verbal communication to express messages.</li><li>• Identification and recognition of emotions.</li><li>• Praxias</li><li>• Control waiting times.</li><li>• Motor pattern skills.</li><li>• Improve cardio-pulmonary function.</li></ul>	<p><u><a href="#">How am I?</a></u></p> <p>The participants are arranged in a circle. We put our heads in the water and, when leaving, one of us has to express an emotion through facial expression - putting on a surprised, happy, angry face, etc... The rest of the participants have to guess what emotion it is.</p>	
	<b>Comments:</b>		
	<b>Material references:</b>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Develop phonological skills.</li><li>• Improve language at content level.</li><li>• Improve eye-hand coordination</li><li>• Proprioception</li><li>• Consolidate the contents worked on in the classroom.</li></ul>	<p><u>Chained word</u></p> <p>The participants are arranged in a circle. They have to pass the ball to the partner next to them while saying a word that begins with the last syllable of the previous partner's word. When you can't say a word, you start again.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li></ul>		

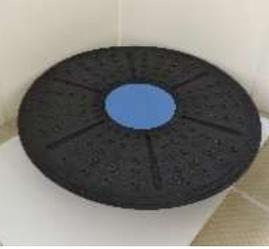


Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve language and communication.</li> <li>• Use or pictograms to express messages.</li> <li>• Produce words, phrases and speeches using spoken language.</li> <li>• Improve motor pattern skills: walk, jump...</li> <li>• Fine motor skills</li> <li>• Balance</li> <li>• Spatial orientation</li> <li>• Memory and attention.</li> </ul>	<p><u>Pictos</u></p> <p>On one side of the pool we put several pictograms, on the other we put a mat and put steps on the way. We tell the participant a phrase and they have to carry the pictograms from one side to the other to form it, going through the steps.</p>	  
<p><b>Comments:</b> alternative ommunication system used by the child</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8I4jQUNa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8I4jQUNa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Develop / improve the ability of visual perception.</li> <li>• Improve language at content level.</li> <li>• Improve language at the form level.</li> <li>• Improve cardio-pulmonary function</li> <li>• Develop aquatic skills: diving</li> <li>• Improve eye-hand coordination</li> <li>• Fine motor skills.</li> <li>• Improve patter motor skills-.</li> </ul>	<p><u>Each feather flock together</u></p> <p>Pairs of animals are repaired by the pool (on the surface and in the bottom). The participant has to find each pair, which means diving and searching the surface, putting it in a bucket and saying the name of the pair of animals. It can also be done with other types of objects or with logical pairs, for example, hammer-screw, plate-spoon, glass-jug, etc.</p>	  
<p><b>Comments:</b> other alternative pairings can be used, such as animals, geometric shapes...</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://neoferr.com/nuevos/146522-set-picnic-24-piezas-4-colores-179650680-8719202470642.html">https://neoferr.com/nuevos/146522-set-picnic-24-piezas-4-colores-179650680-8719202470642.html</a></li> <li>• <a href="https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kik8jX4zcS0lxJFnXrQAdCrdDR0qImlt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB">https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kik8jX4zcS0lxJFnXrQAdCrdDR0qImlt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Train the ability to divide words into syllables</li> <li>• Knowledge of the language.</li> <li>• Phonological skills.</li> <li>• Consolidate the contents worked on in the classroom.</li> <li>• Comprehensive and expressive language.</li> <li>• Eye-hand coordination.</li> <li>• Improve motor and balance coordination.</li> <li>• Global motor skills.</li> </ul>	<p><u>Words chained in balance</u></p> <p>With everyone stands on step or rotating disk, forming a circle, we pass a ball. Every time it comes to us we have to say a word that starts with the last syllable of the previous word. In addition, balance must be maintained. Whoever falls loses</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUNa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUNa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li> <li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li> <li>• <a href="https://www.amazon.es/Ability-Superstore-Disco-giratorio-transferencia/dp/B008RZXIOE">https://www.amazon.es/Ability-Superstore-Disco-giratorio-transferencia/dp/B008RZXIOE</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve listening, information processing and waiting skills.</li> <li>• Work the sequence of steps in an exercise.</li> <li>• Review of the contents of the classroom through the work of reasoning, thinking and language.</li> <li>• Improve cardio-pulmonary function.</li> <li>• Aquatic skills: diving.</li> <li>• Comprehensive and expressive language.</li> </ul>	<p><u>Think and dive.</u></p> <p>Students line up. The teacher in front of them with his legs apart forming a bridge or using a hoola hoop. They ask a class content question and have to think it over as they dive past the bridge. They should only answer the question when they surface again. For each correct question, they will take a ball (one point). They should be loaded with all the pins every turn.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.dinydon.com/otros-juegos/bolera-con-6-bolos-de-30-cm-2-bolas-red-42904?gclid=EAlaIQobChMlt7EtpWK8AIVjLbtCh25qQMjEAQYBCABEgJha_D_BwE">https://www.dinydon.com/otros-juegos/bolera-con-6-bolos-de-30-cm-2-bolas-red-42904?gclid=EAlaIQobChMlt7EtpWK8AIVjLbtCh25qQMjEAQYBCABEgJha_D_BwE</a></li> <li>• <a href="https://tienda.fisaude.com/cuerda-psicomotricidad-medida-25-metros-p-36601.html?utm_source=twenga&amp;utm_campaign=twenga&amp;utm_medium=cpc">https://tienda.fisaude.com/cuerda-psicomotricidad-medida-25-metros-p-36601.html?utm_source=twenga&amp;utm_campaign=twenga&amp;utm_medium=cpc</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Train mobility, agility, precision and motor development.</li> <li>• Learning strategies to organize work, parts of an activity, etc.</li> <li>• Counting practice, numbers (units and tens).</li> <li>• Learn to compete, value effort, respect the contrary.</li> <li>• Promoting expressive language.</li> </ul>	<p><u><a href="#">The junk in your house</a></u></p> <p>We divide the pool in two, and each side we fill with many objects or work material (for example, 30 pieces on each side). Each student will be on one side. At the “GO” signal, and for two minutes, they must throw the maximum number of “tackle” from their side to the other side. At the end of the time we will count the ones on each side and the one with the fewest objects in your house will win. When finished, we will collect all the objects from the pool together and congratulate ourselves. The important thing is to participate.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/Juguete-Ba%C3%B1o-Figuras-Animales-Ni%C3%B1os/dp/B07QX3KP3K">https://www.amazon.es/Juguete-Ba%C3%B1o-Figuras-Animales-Ni%C3%B1os/dp/B07QX3KP3K</a></li> <li>• <a href="https://tienda.fisaude.com/cuerda-psicomotricidad-medida-25-metros-p-36601.html?utm_source=twenga&amp;utm_campaign=twenga&amp;utm_medium=cpc">https://tienda.fisaude.com/cuerda-psicomotricidad-medida-25-metros-p-36601.html?utm_source=twenga&amp;utm_campaign=twenga&amp;utm_medium=cpc</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Training of the contents and concepts already acquired at school.</li><li>• Training respect, empathy with the partner, etc.</li><li>• Work on overall mobility and muscle strength.</li><li>• Comprehensive and expressive language.</li><li>• Memory.</li><li>• Attention.</li><li>• Improve cardio-pulmonary function.</li></ul>	<p><u>Cognitive trainings</u></p> <p>It is a physical/educational activity that can be used to start the sessions. With the motivation of pedalling while holding onto the edge of the pool, the students and the professional review content already worked out to train them, and taking turns. Example: in each pedalling we say a month of the year, or even numbers from 2 to 50, or four-legged animals, etc... When we finish we all dive into the water.</p>	
<b>Comments:</b> No es necesario el material		
<b>Material references:</b>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Math skills work: geometry.</li> <li>• Visual perception.</li> <li>• Motor pattern work: walking.</li> <li>• Mejorar la motricidad fina.</li> <li>• Study of área factors such as point, line and angle.</li> <li>• Spatial orientation.</li> <li>• Comprehensive and expressive language.</li> </ul>	<p><u>Looks for ways</u></p> <p>We prepared four small mats with a geometric shapes each for reference (circle, square, triangle and rectangle) and disperse shapes throughout the pool. During the activity, the student must search the pool (if necessary, they can get out of the water and search the enclosure) and collect all the objects they can. They then classify them by their shape on each of the mats. The student will search for squares, rectangles, circles and triangles throughout the pool.</p> <p>At the end of the activity, we will count the shapes and then we will count the points, lines and angles of each figure.</p>	
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisher-price.com/es-es/product/bloques-infantiles-ffc84">https://www.fisher-price.com/es-es/product/bloques-infantiles-ffc84</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Improve basic language skills such as syllabic segmentation.</li><li>• Use of social strategies such as respect for turn taking, collaborative work, etc</li><li>• Balance and postural control.</li><li>• Motor skills work: balance, trunk control, limbs work...</li><li>• Comprehensive and expressive language.</li></ul>	<p><u>Standing still playing</u></p> <p>With a mat placed in the middle of the pool each player is placed to one side of it (with no maximum between students and educators). We start with the game, for example, of “the chained words”, but with one caveat: the one who does not succeed in his turn (by time or because he is wrong with the syllable) has another opportunity to stay in the game if he gets on the mat, stands up and stands for five seconds. Each time you fail the game again, you must balance five more seconds (5, 10, 15 seconds).</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Training in the use of initials, initial sounds of words and recognition of words.</li> <li>• Approach to the concept of acronyms.</li> <li>• Work of attention and visual perception.</li> <li>• Balance work, postural control, etc.</li> <li>• Eye-hand coordination.</li> <li>• Fine motor skills.</li> </ul>	<p><u>What letter does start?</u></p> <p>The student stands in the middle of the pool on a step. In front of him a large mat with 10 objects from the room. The objects must have been chosen by him and he must have said the name of the object to the educator. The educator stands in front, about three meters away with a disc. Each time he will stick a letter on to the disc (made of eva rubber), and throw the disc. The student must catch it in the air, take off the letter and place it on the object that he thinks is the one that begins with that letter. When you finish, if you see that the letter does not fit, you can review and see where you were wrong.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> <li>• <a href="https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5">https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5</a></li> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwslWDBhCmARIsAPSL3_0Lu8I4jQUa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUIaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwslWDBhCmARIsAPSL3_0Lu8I4jQUa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUIaAmXCEALw_wcB</a></li> <li>• <a href="https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxJjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB">https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxJjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Coordination.</li><li>• Balance and proprioception.</li><li>• Spatial orientation.</li><li>• Reinforce the learning of the days of the week.</li><li>• Expressive language.</li></ul>	<p><u>The steps of the week.</u></p> <p>The therapist places a row of seven steps one in front of the other, but separated from each other. In this way, we will invite the child to go through the circuit, having to name each day of the week as he/she climbs on each step.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Training in the essential concepts of the everyday environment.</li> <li>• Balance and proprioception.</li> <li>• Motor coordination working the jump and balance.</li> <li>• Spatial orientation.</li> <li>• Comprehensive language.</li> </ul>	<p><u><a href="#">Up or down?</a></u></p> <p>We will play with various pictograms or photographs of elements (plane, tree, clouds, sun, car, helicopter, sea etc.), all objects that may fit with the concepts above or below. We will work in the shallower depths with the shorter students, although it could also be done with the tallest students with lower levels of steps in the deeper areas. The student will be in front of a step and the teacher will teach one of the pictograms or photos each time and the child must go up to the step if it is something that goes through the sky or is up, or stay down (or get off) if it is something that goes on the ground or is down.</p> <p>At the end of the training, the teacher can arrange the pictograms with the students help, so that all the things that go through the sky are on top and those that go on the ground below, and configure a landscape with this material.</p>	  
<p><b>Comments:</b> you can laminate the images you prefer to work with.</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUNa-Ael7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUNa-Ael7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Training association skills.</li><li>• Coordination of movements.</li><li>• Expressive and comprehensive lexicon: colour.</li><li>• Fine motor skills.</li><li>• Eye-hand coordination.</li></ul>	<p><u>Bolos</u></p> <p>Each ball or skittle is one colour. After each throw they have to sort the pins by colour.</p> <p>The number of pins obtained in each roll is counted.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.dinydon.com/otros-juegos/bolera-con-6-bolos-de-30-cm-2-bolas-red-42904?gclid=EAlalQobChMIlt7EtpWK8AIVjLbtCh25qQMjEAQYBCABEgJha_D_BwE">https://www.dinydon.com/otros-juegos/bolera-con-6-bolos-de-30-cm-2-bolas-red-42904?gclid=EAlalQobChMIlt7EtpWK8AIVjLbtCh25qQMjEAQYBCABEgJha_D_BwE</a></li><li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Coordination.</li><li>• Lateral movements.</li><li>• Motor control.</li><li>• Fine motor skills</li><li>• Encourage Independence in the activities of daily living: clothing</li><li>• Reinforce concepts: colour and sizes.</li><li>• Spatial orientation.</li><li>• Expressive lexicon: clothes</li></ul>	<p><u>What to wear?</u></p> <p>The rings are distributed throughout the pool. Some float and others do not.</p> <p>The red and green rings go on the right side and yellow and blue on the left, using your hands or feet while naming clothes to wear.</p> <p>Once all the rings have been collected, the student must arrive to the edge of the pool.</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabajji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabajji-con-lastres/_/R-p-3803?mc=8545685</a></li><li>• <a href="https://www.decathlon.es/es/p/aro-gimnasia-ritmica-50-cm-domyos/_/R-p-147444?mc=8353918&amp;c=VERDE">https://www.decathlon.es/es/p/aro-gimnasia-ritmica-50-cm-domyos/_/R-p-147444?mc=8353918&amp;c=VERDE</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Spatial orientation.</li><li>• Interpersonal skills.</li><li>• Force generation.</li><li>• Resistance.</li><li>• Postural control and balance.</li><li>• Global coordination.</li><li>• Promotion of play and leisure activities.</li><li>• Comprehensive language.</li><li>• Improve motor patterns: walk, jump...</li></ul>	<p><u>"Pilla-pilla"</u></p> <p>One of the students has to go swimming to catch the companions. You are safe at home, if you sit on the edge of the pool, but you can stay here for no more than 5 seconds. When they happen to catch someone, they exchange the roll. You can change the instructions on how to move: jumping, without putting your feet on the ground, walking backwards etc...</p>	
<b>Comments:</b>		
<b>Material references:</b>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Sensory processing.</li> <li>• Gross motor dexterity.</li> <li>• Eye-hand coordination.</li> <li>• Lateral movements.</li> <li>• Memory.</li> <li>• Expressive lexicon.</li> <li>• Spatial orientation.</li> </ul>	<p><u><a href="#">Go fishing with the net!</a></u></p> <p>Without looking, floating and sinking objects will be thrown into the pool. The student fishes them out with the net and puts them one by one in a bucket naming what it is. At the end of the fishing, the student is asked to try to remember the order in which he/she fished them</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjk8jX4zcS0lxJFnXrQAdCrdDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcBhttps://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5">https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjk8jX4zcS0lxJFnXrQAdCrdDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcBhttps://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5</a></li> <li>• <a href="https://www.amazon.com/-/es/Coopay-unidades-dise%C3%B1o-mariposas-naranja/dp/B07TFDGG2L">https://www.amazon.com/-/es/Coopay-unidades-dise%C3%B1o-mariposas-naranja/dp/B07TFDGG2L</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Coordination.</li><li>• Force generation.</li><li>• Resistance.</li><li>• Balance and proprioception.</li><li>• Expressive lexicon.</li><li>• Work on semantic categories.</li><li>• Acquire aquatic skills.</li><li>• Comprehensive language.</li></ul>	<p><u>Horse races!</u></p> <p>Sit astride the noodle like on a horse or placed in the form of a swing, depending on the difficulty you want to give to the activity. Do races by cycling (transporting an object, a bucket full of water on a board...) or without moving your legs and doing strokes with your arms.</p>	 
<p><b>Comments:</b> different sizes balls</p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li><li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li><li>• <a href="https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-">https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Muscular tone.</li><li>• Tactile discrimination.</li><li>• Lateral movements.</li><li>• Proprioception.</li><li>• Coordination and balance.</li><li>• Expressive lexicon skills.</li><li>• Communicative skills.</li></ul>	<p><u>What floor?</u></p> <p>A circuit is made interspersing steps and submersible discs. The student walks around the circuit and has to tell what he feels when he steps on it and if it reminds him of something. A disc can also be placed under each foot and the student must describe the differences.</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8I4jQUNa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8I4jQUNa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li><li>• <a href="https://elksport.com/discos-sumergibles-numerados">https://elksport.com/discos-sumergibles-numerados</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Motor dexterity.</li> <li>• Lateral movements.</li> <li>• Memory.</li> <li>• Sequencing.</li> <li>• Balance.</li> <li>• Praxias</li> <li>• Tactile discrimination.</li> <li>• Expressive lexicon skills</li> <li>• Communicative skills.</li> <li>• Independence: set the table.</li> </ul>	<p><u><a href="#">Set the table!!!</a></u></p> <p>We will place the table for 4 people directly on the mat or in individual trays that we will then place on the mat. We will have the tableware mixed with other objects that are not used to set the table. You will have to correctly place the objects that you take out, There cannot be two different colours in the same tray; each tray must be the same colour and have a full set of tableware...</p> <p>Assemble the tray by touch with the eyes covered.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://neoferr.com/nuevos/146522-set-picnic-24-piezas-4-colores-179650680-8719202470642.html">https://neoferr.com/nuevos/146522-set-picnic-24-piezas-4-colores-179650680-8719202470642.html</a></li> <li>• <a href="https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44">https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Spatial orientation.</li> <li>• Coordination.</li> <li>• Lateral movements.</li> <li>• Balance and proprioception.</li> <li>• Math skills work: counting, addition, subtraction...</li> <li>• Muscular strength.</li> <li>• Expressive lexicon skills.</li> </ul>	<p><u><a href="#">Firemen!!!!</a></u></p> <p>We will place a board on each foot, we will fill the watering can with water and we climb the stairs taking care not to lose the boards. When we are up we empty the watering can in to the bucket as if we were putting out a fire. We can go up and down by counting the steps, adding, putting both feet on the same step, going up with the right, going down with the left etc...</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ofertamenaje.com/regadera-plastico?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjmS6JpIncl2WpiX_3nbXyhnhsK14oFdPRiMFBwV9HSXzT7NYOu34bsaAgHrEALw_wcB">https://www.ofertamenaje.com/regadera-plastico?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjmS6JpIncl2WpiX_3nbXyhnhsK14oFdPRiMFBwV9HSXzT7NYOu34bsaAgHrEALw_wcB</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-">https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Eye-hand coordination.</li> <li>• Balance and proprioception.</li> <li>• Fine motor skills.</li> <li>• Memory.</li> <li>• Expressive and comprehensive lexicon.</li> <li>• Use of social strategies such as respect for turn taking, collaborative work, etc...</li> </ul>	<p><u>Memory!</u></p> <p>The therapist places a mat with twenty cards face down. The child sits on a noodle and, while keeping his balance, must turn over 2 cards each turn to try to find the pair of the corresponding animal.</p> <p>In addition, if they manage to find the pair in the same turn, they can turn over another two cards. In this way, the activity ends once all the animal pairs have been found.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabajji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabajji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL AZUL%20TURQUESA</a></li> <li>• <a href="https://www.alupe.es/producto/memo-animales-imagenes-reales/">https://www.alupe.es/producto/memo-animales-imagenes-reales/</a></li> <li>• </li> </ul>		



	<b>Objectives</b>	<b>Activity or exercise</b>	<b>Material</b>
	<ul style="list-style-type: none"><li>• Attention.</li><li>• Memory.</li><li>• Sequencing.</li><li>• Coordination.</li><li>• Social skills.</li><li>• Auditive perception.</li><li>• Imitation.</li><li>• Expressive and comprehensive lexicon.</li></ul>	<p><u>What am I?</u></p> <p>Each participant will have to make the movements and sounds characteristic of the animal that they have thought of. When the others guess the animal correctly, everyone will have to try to imitate it. It will be done in turns or by the one that has managed to guess it. We can also think about the title of a movie or song in which it appears.</p>	
	<b>Comments:</b>		
	<b>Material references:</b>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Short-term memory.</li><li>• Temporal orientation.</li><li>• Coordination.</li><li>• Proprioception.</li><li>• Improve cardio-pulmonary function.</li><li>• Spatial orientation.</li><li>• Expressive lexicon: days of the week.</li><li>• Sequencing.</li></ul>	<p><u>Days of the week!</u></p> <p>Each cloth animal is assigned a day of the week, once it has been memorized the animals are thrown into the pool. The student can collect them starting from the current day of the week, in order from Monday to Sunday, or randomly. As the student finds them they should place them in correct order on the mat.</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li><li>• <a href="https://www.juguetesdondino.com/caja-4-cubos-tela-animales-apilable.html">https://www.juguetesdondino.com/caja-4-cubos-tela-animales-apilable.html</a></li></ul>		



# High level





Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve coordination of movements in the water (swimming and diving).</li> <li>• Improve attention during activity.</li> <li>• Work fin motor skills.</li> <li>• Improve cardio-pulmonary capacity.</li> <li>• Understanding language.</li> <li>• Relationship between words.</li> </ul>	<p><u><a href="#">Rescue the hidden treasures.</a></u></p> <p>The student will swim or dive to the objects as indicated by the professional. They will rescue them and swim to deposit them in an agreed place (the treasure chest). If they have been swimming the first time, they will do it diving and vice versa.</p> <p>In case they are children who need some flotation equipment, the way to rescue the treasure will be by swimming and with the help of the professional.</p> <p>The task can be made more difficult by increasing the distance that they have to swim, increasing the number of object to be collected or submerging the objects in deeper water</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES">https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES</a></li> <li>• <a href="https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjk8jX4zcS0lxJFnXrQAdCrdDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB">https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARIsADJ3kjk8jX4zcS0lxJFnXrQAdCrdDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB</a></li> <li>• <a href="https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Develop postural control.</li> <li>• Promote help and collaboration between students.</li> <li>• Improve coordination and balance.</li> <li>• Global coordination.</li> <li>• Expressive lexicon.</li> <li>• Improve sentence construction.</li> <li>• Spatial orientation.</li> <li>• Promote verbal fluency.</li> </ul>	<p><u>Stay while you can!</u></p> <p>Everyone around the mat holds it while one person tries to climb on to it. Then it the person on the mat will change the different positions in order of increasing difficulty (quadruped, knees, standing). Instructions can be giving using gestures or with the help of images. After the individual achieves the postures, those who hold the mat will move it to unbalance the individual until they fall into the water.</p> <p>They then take hold of the mat while the next service user climbs on to the mat.</p>	  
<p><b>Comments:</b> Use of pictograms</p>		 
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://arasaac.org/">https://arasaac.org/</a></li> <li>• <a href="https://infanity.es/producto/colchoneta-para-descanso/">https://infanity.es/producto/colchoneta-para-descanso/</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Develop attention to the task.</li> <li>• Improve motor pattern skills: swimming, diving...</li> <li>• Develop a total lung capacity.</li> <li>• Body global activation.</li> <li>• Work fine motor skills.</li> <li>• Improve expressive and understanding lexicón: colours.</li> <li>• Work geometric skills.</li> </ul>	<p><u><a href="#">Crazy circuit!</a></u></p> <p>The activity is to be carried out by several students at the same time. Each individual has to choose between a ball or a hoop and take it to the centre of the pool, by which ever method they prefer, to where their partner is. They have to overcome obstacles in the water (mats, submerged large rings or sunken materials) to get to the other side. The activity ends when all the balls/rings are on the other side or when the time indicated by the physical therapist has ended. Subsequently the roles of the participants will be changed.</p>	
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li> <li>• <a href="https://infanity.es/producto/colchoneta-para-descanso/">https://infanity.es/producto/colchoneta-para-descanso/</a></li> <li>• <a href="https://www.juguetesdondino.com/caja-4-cubos-tela-animales-apilable.html">https://www.juguetesdondino.com/caja-4-cubos-tela-animales-apilable.html</a></li> <li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabajji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabajji-con-lastres/_/R-p-3803?mc=8545685</a></li> <li>• <a href="https://www.dideco.es/set-pelotas-sensoriales">https://www.dideco.es/set-pelotas-sensoriales</a></li> <li>• <a href="https://www.dideco.es/atrapa-los-tiburones">https://www.dideco.es/atrapa-los-tiburones</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve coordination and balance.</li> <li>• Global muscle strengthening.</li> <li>• Improve expressive and understanding language.</li> <li>• Work on fine/gross motor skills.</li> <li>• Developing postural control.</li> <li>• Attention.</li> <li>• Spatial orientation.</li> </ul>	<p><u>Marine tightrope Walker!</u></p> <p>You have to do a circuit with the steps, complicating the activity with jumps, hopping or lateral displacement with ankle weights/floats.</p> <p>The student will have to move as directed by the professional, carrying a floating bar/dumbbell, thus making global movements (upper and lower limbs).</p>	
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARisAPSL3_0Lu8I4jQUNa-Aei7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARisAPSL3_0Lu8I4jQUNa-Aei7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li> <li>• <a href="https://www.decathlon.es/es/p/producto-reacondicionado-lastres-pesas-tobillos-munecas-2-x-0-5kg-domyos/_/R-p-X8655516?mc=8655516">https://www.decathlon.es/es/p/producto-reacondicionado-lastres-pesas-tobillos-munecas-2-x-0-5kg-domyos/_/R-p-X8655516?mc=8655516</a></li> <li>• <a href="https://www.okeo.it/braccia/15-4775-Hydrowrist-8052323003307.html#/134-colore-colori_assortiti">https://www.okeo.it/braccia/15-4775-Hydrowrist-8052323003307.html#/134-colore-colori_assortiti</a></li> <li>• <a href="https://www.okeo.it/braccia/7-4767-Waterjump.html#/134-colore-colori_assortiti">https://www.okeo.it/braccia/7-4767-Waterjump.html#/134-colore-colori_assortiti</a></li> <li>• <a href="https://www.okeo.it/braccia/14-4774-RubyHydrobells.html#/134-colore-colori_assortiti">https://www.okeo.it/braccia/14-4774-RubyHydrobells.html#/134-colore-colori_assortiti</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Strengthening of the respiratory muscles.</li> <li>• Improvement of the range of movement of both upper limbs.</li> <li>• Jumping work.</li> <li>• Muscle strengthening (optional).</li> <li>• Consolidate basic concepts: colours.</li> <li>• Improve expressive language.</li> </ul>	<p><u>Fishing of colour.</u></p> <p>The sinking goldfish are thrown into the pool.</p> <p>The service user has to get the correct colour fish as indicated by the professional and return to the starting point by jumping. They should take a big breath in before they dive under to get the fish and get them to blow bubbles out through their mouth while they are submerged.</p> <p>There will be as many ways to return depending on where fish have been thrown. If it is done in pairs, whoever gets the most fish in the set time wins.</p> <p>To make it harder and work on muscle strengthening, you use ballasts on your hands or feet.</p>	   
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwslWDBhCmARIsAPSL3_0Lu8l4jQUa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwslWDBhCmARIsAPSL3_0Lu8l4jQUa-Ael7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li> <li>• <a href="https://www.decathlon.es/es/p/producto-reacondicionado-lastres-pesas-tobillos-munecas-2-x-0-5kg-domyos/_/R-p-X8655516?mc=8655516">https://www.decathlon.es/es/p/producto-reacondicionado-lastres-pesas-tobillos-munecas-2-x-0-5kg-domyos/_/R-p-X8655516?mc=8655516</a></li> <li>• <a href="https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li> <li>• <a href="https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_2?_mk_es_ES=%C3%85M%C3%85%C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=tiburones+que+se+hunden&amp;qid=1619172456&amp;sr=8-2">https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_2?_mk_es_ES=%C3%85M%C3%85%C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=tiburones+que+se+hunden&amp;qid=1619172456&amp;sr=8-2</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve freediving.</li> <li>• Global motor work.</li> <li>• Spatial orientation.</li> <li>• Memory and attention.</li> <li>• Work expressive and understanding language.</li> <li>• Phonological skills.</li> </ul>	<p><u><a href="#">Aquatic pyramids.</a></u></p> <p>The professional, assistant and other companions get in to the water, standing in a line with their legs open in a “pyramid” shape.</p> <p>The activity consists of diving down and passing through the legs pushing hard at the end of the route to get as far as possible, keeping face down. In some cases, they can be helped in the drive, by the last person in line.</p> <p>Once the student leaves, they will go to the end of the row and the individual who is now at the front will start.</p> <p>To make it harder add more people to the line or get them to stand further apart.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/Leisis-0101086-sumergibles-Talla-%C3%9Anica/dp/B01GQCSFDY/ref=sr_1_7?_mk_es_ES=%C3%85M%C3%85%C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=aros+acuaticos&amp;qj_d=1619176338&amp;sr=8-7">https://www.amazon.es/Leisis-0101086-sumergibles-Talla-%C3%9Anica/dp/B01GQCSFDY/ref=sr_1_7?_mk_es_ES=%C3%85M%C3%85%C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=aros+acuaticos&amp;qj_d=1619176338&amp;sr=8-7</a></li> <li>• <a href="https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Proprioception and coordination work.</li> <li>• Global muscle strengthening.</li> <li>• Improvement of the range of movement of both upper limbs.</li> <li>• Improve balance, both static and dynamic.</li> <li>• Memory.</li> <li>• Understanding language.</li> <li>• Improve narrative discourse.</li> </ul>	<p><u><a href="#">The tightrope tennis player</a></u></p> <p>The student stands on top of the Bohler's plate holding a flotation bar if required. Ask them to throw a ball to the professional (of different weight each time depending on the student strength and stability. Remember this is a complex task, as the student has to maintain balance, and think how to throw the ball and execute the task).</p> <p>The therapist will indicate with which hand you have to do the activity and which way to throw the ball in each game.</p> <p>To make it more difficulty stand further way from the student or ask them to throw a heavier ball.</p>	   
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.okeo.it/braccia/7-4767-Waterjump.html#/134-colore-colori_assortiti">https://www.okeo.it/braccia/7-4767-Waterjump.html#/134-colore-colori_assortiti</a></li> <li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li> <li>• <a href="https://www.amazon.es/Ability-Superstore-Disco-giratorio-transferencia/dp/B008RZXIOE">https://www.amazon.es/Ability-Superstore-Disco-giratorio-transferencia/dp/B008RZXIOE</a></li> <li>• <a href="https://grupoarencibia.com/producto/pelotas-con-peso-theraband/">https://grupoarencibia.com/producto/pelotas-con-peso-theraband/</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improvement of hand eye and foot eye coordination.</li> <li>• Global mobility work.</li> <li>• Advance in balance (static y dynamic).</li> <li>• Work on proprioception and support and balance reactions.</li> <li>• Math skills work.</li> <li>• Impulse control regulation.</li> </ul>	<p><u><a href="#">Aquatic soccer player</a></u></p> <p>The student stands on a mat and has to walk on it, towards the next one (which will be glued on), to catch the ball thrown by the professional with their hands. They then have to put the ball on the mat and kick it in to the goal.</p> <p>The game ends when the student falls into the water.</p> <p>As a variant, the professional can throw the student the ball (to the hands, the head or the feet), and then the student throws it directly in to the goal.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li> <li>• <a href="https://infanity.es/producto/colchoneta-para-descanso/">https://infanity.es/producto/colchoneta-para-descanso/</a></li> <li>• <a href="https://www.ranking.es/detalle/vx01197-porterías-flotantes-90x70x60-cm.-juego-2-uds..aspx">https://www.ranking.es/detalle/vx01197-porterías-flotantes-90x70x60-cm.-juego-2-uds..aspx</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Postural control work.</li> <li>• Progress of complex motor patterns.</li> <li>• Execution of support and balance reactions.</li> <li>• Understanding language.</li> <li>• Work on bimanual activities.</li> <li>• Improvement of hand eye coordination.</li> <li>• Math skills work.</li> <li>• Attention.</li> </ul>	<p><u><a href="#">Receive it and pass it ton!</a></u></p> <p>Ask the student to climb on to a floating mat. The student must adopt these motor patterns (sitting, quadruped, kneeling position, knight position or standing) as directed by the therapist. In any of these postures, they have to catch the ball thrown by the professional, while simultaneously throwing a ball himself; avoiding collision.</p> <p>The activity will end if the student can execute all the motor patterns or when a maximum of 10 throws have been made.</p>	
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://infanity.es/producto/colchoneta-para-descanso/">https://infanity.es/producto/colchoneta-para-descanso/</a></li> <li>• <a href="https://www.decathlon.es/es/p/pelota-de-espuma/_/R-p-301132?mc=8501324&amp;c=AZUL">https://www.decathlon.es/es/p/pelota-de-espuma/_/R-p-301132?mc=8501324&amp;c=AZUL</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Strengthening of the axial musculature.</li> <li>• Improvement of respiratory muscles.</li> <li>• Postural control work.</li> <li>• Math skills work: odd and even numbers.</li> <li>• Attention.</li> <li>• Understanding and expressive language.</li> </ul>	<p><u>Marine crunches.</u></p> <p>The student is provided with a neck float if required and the physical therapist will be placed in front of the child's feet.</p> <p>The therapist will indicate to the student how to do abdominal crunches. First "colliding" head to head (10 repetitions) and then going to the right and left (10 repetitions). The guidelines will be established depending on the student's strength.</p> <p>One variable is that the student, before doing the abdominal crunches (right and left), takes a hoop on their right side with the left hand and vice versa; or if this is very difficult with the hand on the same side.</p>	
<p><b>Comments:</b></p>		
<p><b>Material references :</b></p> <ul style="list-style-type: none"> <li>• <a href="http://www.nadador.es/producto-detalle/37/collar-de-flotacion">http://www.nadador.es/producto-detalle/37/collar-de-flotacion</a></li> <li>• <a href="https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685">https://www.decathlon.es/es/p/juego-de-4-anillas-natacion-nabaiji-con-lastres/_/R-p-3803?mc=8545685</a></li> </ul>		



	<b>Objectives</b>	<b>Activity or exercise</b>	<b>Material</b>
	<ul style="list-style-type: none"><li>• To increase comprehension capacity.</li><li>• To adapt behaviour based on circumstances, as well as decision making, planning, abstract thinking and mental flexibility.</li><li>• To inhibit responses.</li><li>• To increase the capacity of sustained attention.</li><li>• To work on global motricity.</li></ul>	<p><u><a href="#">Simon says!</a></u></p> <p>The professional presents orders to the students that they only have to carry out if we say “Simon says” before the order.</p> <p>If the phrase “Simon says” is not previously said, they must be able to inhibit the response and not carry out the order.</p>	
	<b>Comments:</b>		
	<b>Material references :</b>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"> <li>To improve understanding of oral language.</li> <li>Improve auditory memory.</li> <li>To work on motor pattern skills: walking, running, swimming.</li> <li>Spatial orientation.</li> <li>Attention.</li> <li>Produce words, phrases and speeches using spoken language.</li> </ul>	<p><u>Relay race!</u></p> <p>2 different teams are made, one at each end of the pool Those who are at the end come out first, carrying a “witness” in their hands. They have to get to where their colleagues are (walking, running or swimming) and give them the witness saying the Word (or phrase) that the professional has told them. When the teammates receive the witness they have to cross the pool until they reach the other end. One point wins the one that comes first and another remembers the initial word or phrase.</p> <p>Also in the case of the word, the team that is able to give a definition of the given word earns an extra point. In the case of the phrase, the team that manages to make the subject of the given phrase wins an extra point.</p>	
	<p><b>Comments:</b></p>		
	<p><b>Material references :</b></p> <ul style="list-style-type: none"> <li><a href="https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES">https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• To develop/improve the ability of auditory and visual perception.</li><li>• To improve the understanding of oral language.</li><li>• To develop the ability to produce sounds and speech.</li><li>• To work on cardio-pulmonary capacity.</li><li>• To expand the semantic relationships between words.</li><li>• Consolidate basic concepts.</li></ul>	<p><u>The parrot</u></p> <p>All the participants in circle. One by one we are saying a word under the water so that the rest can guess it. We delimit the options to words from the same semantic field. For example, we say the name of conveyance. We all put our heads in the water and one says "train". Then we stick our heads out and have to guess what word the partner said.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL">https://www.decathlon.es/es/p/mascara-snorkel-snk-500/_/R-p-169652?mc=8491466&amp;c=GRIS_AZUL</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improvement of hand eye coordination.</li> <li>• Balance and proprioception.</li> <li>• Fine motor skills.</li> <li>• Social skills.</li> <li>• Memory.</li> <li>• Consolidate basic concepts.</li> <li>• To produce words, phrases and speeches using spoken language.</li> </ul>	<p><u><a href="#">Waiter!</a></u></p> <p>The participants put on a table, which will act as a tray, the different elements (glass, plate, clothesline, etc...). The professional can name the elements and the participants have to recognize them and put them on the tray, or the participants choose and name the elements they want to carry on the tray. Once the items are placed on the tray, the participants must take it to the professional or other participants and perform the role of waiter, simulating a scene in a restaurant.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://neoferr.com/nuevos/146522-set-picnic-24-piezas-4-colores-179650680-8719202470642.html">https://neoferr.com/nuevos/146522-set-picnic-24-piezas-4-colores-179650680-8719202470642.html</a></li> <li>• <a href="https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44">https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44</a></li> <li>• <a href="https://www.amazon.com/-/es/Anniston-alimentos-reutilizables-simulaci%C3%B3n-Multicolor/dp/B081DMGJY2">https://www.amazon.com/-/es/Anniston-alimentos-reutilizables-simulaci%C3%B3n-Multicolor/dp/B081DMGJY2</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"> <li>• To develop/improve the ability of auditory perception.</li> <li>• To improve oral language comprehension.</li> <li>• To work on the respiratory capacity: diving.</li> <li>• To work on motor pattern skills: walking, running, swimming.</li> <li>• Improve selective attention capacity.</li> <li>• Improve language-related processes.</li> <li>• Attention.</li> <li>• Spatial orientation.</li> </ul>	<p><u>Run!</u></p> <p>Participants stand at one end of the pool and have to get to the other end, running, swimming or diving. The speech therapist will say a key Word that the participants have to hear in order to get to the other end. The speech therapist will begin to tell a story in which he will include the keyword. When I say it, the participants can go out towards the goal. For example, if the key word is “swimming pool”, the speech therapist will communicate it to the participants and begin to tell a story like the following: “Once upon a time there were three children who liked water very much. One very hot day, his mom took them to the pool...”. Upon hearing the pool, they should exit to the other end of the pool.</p>	
	<b>Comments:</b>		
	<b>Material references:</b>		



	<b>Objectives</b>	<b>Activity or exercise</b>	<b>Material</b>
	<ul style="list-style-type: none"><li>• To improve auditory memory.</li><li>• To improve language at the form level.</li><li>• Improvement of hand eye coordination.</li><li>• Proprioception.</li><li>• To improve oral language comprehension.</li><li>• To produce words, phrases and speeches using spoken language.</li></ul>	<p><u>Chain!</u></p> <p>The participants circle. The first one passes the ball to the one next to him and says a word. The next one has to say the word of the previous one and add a new word before passing the ball to the next one, so on, they will pass the ball and add words to the list. The round ends when the ball reaches the person who started or when someone cannot continue.</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Improve language at the form level.</li><li>• Fine motor skills.</li><li>• To improve auditory memory.</li><li>• Balance and proprioception.</li><li>• To work on grammatical skills.</li></ul>	<p><u>Stormy relay!</u></p> <p>Each participant stands on one side of the pool. The professional says a phrase to one of them and gives him the witness that it can be a ball or a bar. The participant has to go to the other side of the pool, hand over the witness and repeat the phrase to his partner. The other participant will take the witness and walk around the pool. When you reach the end, you must repeat the phrase that your partner has told you.</p>	
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES">https://www.amazon.es/MonQi-Juguete-Incluir-Torpedos-Bandidos/dp/B07QQBYJ8Q/ref=sr_1_1?_mk_es_ES</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>To enhance literacy.</li> <li>To develop the reading and writing process.</li> <li>To expand vocabulary.</li> <li>Improvement of hand eye coordination.</li> <li>Fine motor skills.</li> <li>To work on attention and visual perception.</li> <li>To work on balance and postural control.</li> </ul>	<p><u>Surprise egg!</u></p> <p>The participant has to disengage an egg-shaped container to open it and take out the letters inside. The student will open as many eggs as letters he needs to form a word. The goal is to create as many words as possible.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li><a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li><a href="https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxJjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB">https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxJjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB</a></li> <li><a href="https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5">https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• To improve auditory memory.</li><li>• Produce words, phrases and speeches using spoken language.</li><li>• Spatial orientation.</li><li>• Fine motor skills.</li><li>• Improvement of hand eye coordination.</li><li>• Proprioception.</li><li>• Memory.</li></ul>	<p><u><a href="#">Let's go fishing stories!</a></u></p> <p>Fish of different shapes and colours are caught and each is named after a Word. For example, we name a fish "house" another "river" ... The professional will put as many fishes as elements the participant can retain. The participant has to fish for the fish and make a story with the words corresponding to the names of the fish.</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.com/-/es/Coopay-unidades-dise%C3%B1o-mariposas-naranja/dp/B07TFDGG2L">https://www.amazon.com/-/es/Coopay-unidades-dise%C3%B1o-mariposas-naranja/dp/B07TFDGG2L</a></li><li>• <a href="https://www.dosfarma.com/16118-munchkin-de-pesca-bao-24m.html?gclid=CjwKCAjw7J6EBhBDEiwA5UUM2mRJS1iQa6bxuksYLI9YxP9I8Tn5UGmS6LI2uqQAbDDmsteg4f9bRhoCsysQAvD_BwE">https://www.dosfarma.com/16118-munchkin-de-pesca-bao-24m.html?gclid=CjwKCAjw7J6EBhBDEiwA5UUM2mRJS1iQa6bxuksYLI9YxP9I8Tn5UGmS6LI2uqQAbDDmsteg4f9bRhoCsysQAvD_BwE</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>To expand vocabulary.</li> <li>To expand the semantic relationships between words.</li> <li>To work on movement pattern skills.</li> <li>Produce words, phrases and speeches using spoken language.</li> <li>Fine motor skills.</li> </ul>	<p><u>The teams!</u></p> <p>They have various toys and objects in the pool with a Word paste don each of them. Objects must be from different semantic Fields so that each member of that semantic family has a Word that is part of the same phrase as the rest of the components of the same family. For example, all objects that are “food” will have words that correspond to the same phrase. The participant has to separate the objects by semantic field, read the words of each object and then order them to form a sentence.</p>	   
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li><a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve perception and attention skills.</li> <li>• Follow the sequence of steps in an exercise.</li> <li>• Memory improvement and training.</li> <li>• Spatial orientation.</li> <li>• To work on motor pattern skills: walking, running, swimming.</li> <li>• Consolidate basic concepts: colours and shapes.</li> <li>• Exprehesive language.</li> </ul>	<p><u>Memory Circuits</u></p> <p>They have to focus their attention on a set of elements from which some things will be changed. After each circuit they have to look at the objects again and must figure out what has changed (elements are missing, order has changed, etc... depending on the students needs and abilities)</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUa-Aei7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUa-Aei7E8mdPVPOYtwzvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> <li>• <a href="https://www.decathlon.es/es/p/aro-gimnasia-ritmica-50-cm-domyos/_/R-p-147444?mc=8353918&amp;c=VERDE">https://www.decathlon.es/es/p/aro-gimnasia-ritmica-50-cm-domyos/_/R-p-147444?mc=8353918&amp;c=VERDE</a></li> <li>• <a href="https://www.juguear.com/comprar/juguetes/mesas-de-luz/36-figuras-geometricas-3d-translucidas-tickit/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_OBKMp8YAQ30OS3sCl6zL_X-vKsT11eRdFF6zatmvr0mffeJae-9coaAoHVEALw_wcB">https://www.juguear.com/comprar/juguetes/mesas-de-luz/36-figuras-geometricas-3d-translucidas-tickit/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_OBKMp8YAQ30OS3sCl6zL_X-vKsT11eRdFF6zatmvr0mffeJae-9coaAoHVEALw_wcB</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve data processing and motor coordination.</li> <li>• Improvement of hand eye coordination.</li> <li>• Training association skills.</li> <li>• Balance and proprioception.</li> <li>• Numbers and colours.</li> </ul>	<p><u>Mathematical bowling</u></p> <p>Play bowling. Each bowling skittle is associated with a colour and that colour with a quantity. After each throw they have to calculate the number of points they have earned.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> <li>• <a href="https://www.dinydon.com/otros-juegos/bolera-con-6-bolos-de-30-cm-2-bolas-red-42904?gclid=EAAlQobChMIlt7EtpWK8AIVjLbtCh25qQMjEAQYBCABEgJha_D_BwE">https://www.dinydon.com/otros-juegos/bolera-con-6-bolos-de-30-cm-2-bolas-red-42904?gclid=EAAlQobChMIlt7EtpWK8AIVjLbtCh25qQMjEAQYBCABEgJha_D_BwE</a></li> <li>• <a href="https://prenatal.es/producto/alfombra-eva-numeros-9-pz/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0r6HJzBJYqj4ZjD4DuZPsA-Ws_lqdDCP-ka8cprXg9YrDG-j8wLzlaAtVpEALw_wcB">https://prenatal.es/producto/alfombra-eva-numeros-9-pz/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0r6HJzBJYqj4ZjD4DuZPsA-Ws_lqdDCP-ka8cprXg9YrDG-j8wLzlaAtVpEALw_wcB</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Work the sequence of steps in an exercise.</li> <li>• Improve impulse control skills.</li> <li>• Improve the spatial orientation.</li> <li>• Fine motor skills.</li> <li>• Balance.</li> <li>• Math skills work.</li> <li>• To improve oral language comprehension.</li> <li>• Team play, respect for turn taking.</li> </ul>	<p><u><a href="#">Skin the float</a></u></p> <p>Each participant must choose a place for their ships in the map.</p> <p>The aim of the activity is to find the opponent's ships asking places by coordinates, e.g "A5". If the opponent has a part of his ship in the place, he must say "touched", if there isn't a ship, he will say "water". Each turn one of the contestants will play.</p> <p>Wins the participant who guess all the ships' places.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ortotecsa-rehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html">https://www.ortotecsa-rehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html</a></li> <li>• <a href="https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB">https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB</a></li> <li>• <a href="https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5">https://www.amazon.es/LittleTom-Colores-llenar-Piscinas-pl%C3%A1stico/dp/B07FTHNSXW/ref=sr_1_5?dchild=1&amp;keywords=bolas+colores&amp;qid=1617829706&amp;sr=8-5</a></li> <li>• <a href="https://prenatal.es/producto/alfombra-eva-numeros-9-pz/?gclid=Cj0KCQjwLWDBhCmARIsAPSL3_0r6HJzBJYqj4ZjD4DuZPsA-Ws_lqdDCP-ka8cprXg9YrDG-j8wLzlaAtVpEALw_wcB">https://prenatal.es/producto/alfombra-eva-numeros-9-pz/?gclid=Cj0KCQjwLWDBhCmARIsAPSL3_0r6HJzBJYqj4ZjD4DuZPsA-Ws_lqdDCP-ka8cprXg9YrDG-j8wLzlaAtVpEALw_wcB</a></li> </ul> 		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Train the difference between vowel and consonant.</li> <li>• Work the correct formation of syllables and words.</li> <li>• Work on motor pattern skills: swimming, diving...</li> <li>• Improve the cardio-respiratory capacity.</li> <li>• Improvement of hand eye coordination.</li> <li>• Fine motor skills.</li> <li>• Train the taste for language, play with letters and words.</li> </ul>	<p><u>Fishing for letters</u></p> <p>At the “GO” signal, students swim and dive in the pool, which is divided into two: vowels on one side and consonants on the other. In each “trip” they must take a letter from each side, and thus go on to form syllables first, and with the syllables, words with meaning. The complication will increase because later they must form other words with the same letters, returning to make another “trip” if they need it.</p> <p>The highest score will be to create a word as long as possible. 7 letters= 7 points.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxJjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB">https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxJjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> </ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Train mental calculation techniques.</li><li>• Work on concentration, impulse control and step sequencing in an activity.</li><li>• Stimulate memory and attention.</li><li>• Global coordination.</li><li>• Proprioception and balance.</li><li>• Work tolerance to frustration.</li></ul>	<p><u><a href="#">The calculator</a></u></p> <p>The student starts the game on a step (there is a row of 8 steps prepared). The teacher presents you with basic chain calculation operations that you must solve mentally. Each hit will allow you to advance to the next step. It's about trying to get to the last step. If you make a mistake you have to start over from the first step...</p> <p>E.g: 3+5... 8; 8-2...</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUNa-AeI7E8mdPVPOYtwzvqgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_0Lu8l4jQUNa-AeI7E8mdPVPOYtwzvqgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve selective attention skills, so that external stimuli do not interrupt the task.</li> <li>• Concentration work on a specific activity.</li> <li>• Short-term visual memory training.</li> <li>• Proprioception.</li> <li>• Fine motor skills.</li> <li>• To improve oral language comprehension.</li> </ul>	<p><u><a href="#">How was it?</a></u></p> <p>On a mat we stack twelve figures in four different colours. The guide presents a figure each time to the student and removes it. The student has to repeat what they have been shown. The guide will add a new figure each time, always removing what has been shown. The student has to repeat the memory series e.g.</p> <p>Red Red Green Red Green Green Red Green Green Blue Red Green Green Blue Yellow</p>	
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> <li>• <a href="https://www.juguear.com/comprar/juguetes/mesas-de-luz/36-figuras-geometricas-3d-translucidas-tickit/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_OBKMp8YAAQ30OS3sCI6zL_X-vKsT11eRdFF6zatmvr0mffeJae-9coaAoHVEALw_wcB">https://www.juguear.com/comprar/juguetes/mesas-de-luz/36-figuras-geometricas-3d-translucidas-tickit/?gclid=Cj0KCQjwsLWDBhCmARIsAPSL3_OBKMp8YAAQ30OS3sCI6zL_X-vKsT11eRdFF6zatmvr0mffeJae-9coaAoHVEALw_wcB</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Training in the use of vowels and consonants.</li> <li>• Review or work on the semantic fields of words.</li> <li>• Joint enrichment of the lexicon-vocabulary.</li> <li>• Attention and concentration work.</li> <li>• Improve general language skills.</li> <li>• Cardio-pulmonary capacity.</li> <li>• Work on global pattern skills: diving and swimming</li> </ul>	<p><u><a href="#">Hangman on the move</a></u></p> <p>We play the typical game of "Hang Man" which is about finding a hidden word or expression. We do it with the eva rubber alphabet. One of the children begins. They think of a word, communicate which semantic field it belongs to and start the game. The opponent must say a letter each time and check if that letter is in the hidden word. Every time he fails, he must make a small round trip as a "forefit", and try again with another letter until he guesses the word.</p> <p>Roles will be changed upon completion.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li> <li>• <a href="https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB">https://infanity.es/producto/formas-abecedario-foam-150-pzs/?gclid=Cj0KCQjw9_mDBhCGARIsAN3PaFNxjMB5TIPEMwG2nrrLN24hYOQR-vqEZUUVGcOIMOG4yNuiqX2DR8aAuSSEALw_wcB</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"><li>• Train creativity, imagination and a taste for creating stories.</li><li>• Work on basic linguistic structures.</li><li>• Train the use of oral expression clearly.</li><li>• Train the use of oral expression clearly.</li><li>• Global motor skills.</li><li>• Memory.</li><li>• Attention.</li></ul>	<p><u>Stories not to sink</u></p> <p>We prepare a series of objects (10/12) placed in a straight line on several mats in a row. They will be animals, things ... The student must follow the entire route of objects around the pool and invent a story with the objects that he finds until he reaches the end, where he will have to end the story.</p>	 
<b>Comments:</b>		
<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSF3</a></li></ul>		



	<b>Objectives</b>	<b>Activity or exercise</b>	<b>Material</b>
	<ul style="list-style-type: none"><li>• Explore the expressive resources of the body to communicate.</li><li>• Use movement as a means of expressing emotions and ideas.</li><li>• Use body language as a means of expression.</li><li>• Spatial orientation.</li><li>• Global motricity.</li><li>• Attention.</li></ul>	<p><u>Silent emotions</u></p> <p>The guide will communicate to the student a situation (idea or emotion) that he has to transmit to the other student through the resources of his body (mimicry, movement, gestures, expressions) until he guesses. He will not use oral language or any object, only his body and water. They can move around the pool. Then he will do the same, but freely choosing what he wants to convey.</p> <p>(Before the activity you can do a five-minute "training" with music in which the students can move freely through the water and start a dialogue with their own body: trunk, head, limbs, etc ... without speaking, at most with some indications from the guide).</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• No se necesita material.</li></ul>		



	Objectives	Activity or exercise	Material
	<ul style="list-style-type: none"><li>• Develop a taste for creation, for the beautiful, aesthetic and creative.</li><li>• Stimulate the imagination.</li><li>• Work on motor skills.</li><li>• Represent near reality and imagined situations.</li><li>• Show confidence in creative abilities.</li></ul>	<p><u><a href="#">Art Attack</a></u></p> <p>Each student has at this disposal a giant mat and all the material for the pool. It is about creating an image with the materials. Initially it can be a concrete image using a photo or seeing a photo on the Tablet. As a progression it can be freely created. The two students will make the same creation, not to compete but to start a dialogue later on the creation process of each one.</p>	
	<b>Comments:</b>		
	<b>Material references:</b> <ul style="list-style-type: none"><li>• <a href="https://infanity.es/producto/colchoneta-para-descanso/">https://infanity.es/producto/colchoneta-para-descanso/</a></li></ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Improve the level of mobility and force.</li> <li>• Tone and resistance.</li> <li>• Global coordination.</li> <li>• Improve basic concepts.</li> <li>• Train the use of oral expression clearly.</li> </ul>	<p><u><a href="#">There is drought!</a></u></p> <p>A bucket is placed at each end of the pool. The student has to walk along the edge of the pool. They can hold the railing if they need to.</p> <p>When the student gets to each end he has to take the watering can and fill the bucket with water. Once it is filled the student goes back along the wall in the same way to fill the bucket that is at the other end of the pool. While walking, a review of the topics being on worked in the classroom is made.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ofertamenaje.com/regadera-plastico?gclid=Cj0KCQjw38-DBhDpARisADJ3kjk8jX4zcS0lxJFnXrQAdCrDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB">https://www.ofertamenaje.com/regadera-plastico?gclid=Cj0KCQjw38-DBhDpARisADJ3kjk8jX4zcS0lxJFnXrQAdCrDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB</a></li> <li>• <a href="https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARisADJ3kjk8jX4zcS0lxJFnXrQAdCrDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB">https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARisADJ3kjk8jX4zcS0lxJFnXrQAdCrDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Attention.</li> <li>• Spatial orientation.</li> <li>• Stereognosis.</li> <li>• Gross motor dexterity.</li> <li>• To improve oral language exphension.</li> <li>• Math skills work.</li> </ul>	<p><u><a href="#">Try to catch it!</a></u></p> <p>The balls are thrown around the pool. The student puts on the mask and goes to look for it following the verbal instructions that the professional gives, e.g. “3 steps ahead, 4 steps to the right” ...</p> <p>The student must move carefully so that the balls do not move.</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARisADJ3kjk8jX4zcS0lxJFnXrQAdCrDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB">https://www.ventadeproductosdelimpieza.es/cubo-de-limpieza-redondo-8-litros?gclid=Cj0KCQjw38-DBhDpARisADJ3kjk8jX4zcS0lxJFnXrQAdCrDR0qImt_Grh5K0fYeK4FC3CzE5u4X7UaAmNmEALw_wcB</a></li> <li>• <a href="https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44">https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44</a></li> <li>• <a href="https://www.amazon.es/Sussex-Supplies-Ping-Pong-Logotipos/dp/B07FT68NFS/ref=sr_1_6?dchild=1&amp;keywords=150+pelotas+ping+pong&amp;qid=1617828979&amp;sr=8-6">https://www.amazon.es/Sussex-Supplies-Ping-Pong-Logotipos/dp/B07FT68NFS/ref=sr_1_6?dchild=1&amp;keywords=150+pelotas+ping+pong&amp;qid=1617828979&amp;sr=8-6</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Balance and proprioception.</li> <li>• Pattern motor skills: bipedestación, salto, caminar...</li> <li>• Attention y memory.</li> <li>• To improve oral language exprehension.</li> <li>• Geography skills work.</li> </ul>	<p><u><a href="#">Launch and associate concepts!</a></u></p> <p>Various steps are laid out around the pool. The student starts walking, following the route. The professional throws the ball to the student. When they catch it on the step (land) they must say countries' names and when the student catch it in the pool (water) they must say names of seas or rivers.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwslWDBhCmARIsAPSL3_0Lu8I4jQUNa-AeI7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB">https://www.fisiomarket.com/32749-ministep-profesional-softee-azul.html?gclid=Cj0KCQjwslWDBhCmARIsAPSL3_0Lu8I4jQUNa-AeI7E8mdPVPOYtwzvvgb33KK766-1H-q8neVSI6zUlaAmXCEALw_wcB</a></li> <li>• <a href="https://www.amazon.es/Caly-pol%C3%ADtico-hinchable-castellano-CAGLOBO30/dp/B00AZGWQZG/ref=sr_1_9?_mk_es_ES=%C3%85M%C3%85%C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=globo+del+mundo+pelota&amp;qid=1619703791&amp;sr=8-9">https://www.amazon.es/Caly-pol%C3%ADtico-hinchable-castellano-CAGLOBO30/dp/B00AZGWQZG/ref=sr_1_9?_mk_es_ES=%C3%85M%C3%85%C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=globo+del+mundo+pelota&amp;qid=1619703791&amp;sr=8-9</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Balance and proprioception.</li> <li>• Global Coordination.</li> <li>• Work on CORE.</li> <li>• Attention and concentration.</li> <li>• Memory.</li> <li>• Fine motor skills.</li> <li>• Math skills work.</li> <li>• To improve oral language exphension.</li> <li>• Spatial orientation.</li> <li>• Enhancing communicative intent.</li> </ul>	<p><u><a href="#">Tic, tac toe!</a></u></p> <p>Sitting on the noodle or the table we play three in a row. To increase the difficulty, the student cannot lean on the board.</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ortotecsa-rehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html">https://www.ortotecsa-rehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUES">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUES</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Tactile discrimination.</li> <li>• Balance and proprioception.</li> <li>• Attention.</li> <li>• Memory.</li> <li>• Spatial orientation.</li> <li>• Improve independence in activities of daily living.</li> </ul>	<p><u>Planetary</u></p> <p>We will let the student explore the balls without mask so that they will be able to later recognize them with the mask on. We can name the balls as planets. Once the student recognizes them the professional covers the student's eyes with the mask. They must try to find and recognize them. The balls can be all in a bucket and the therapist can give one by one indicating the ball's position; e.g. "in front, to the right, behind...).</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44">https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44</a></li> <li>• <a href="https://www.bblandia.es/juguetes-para-bebes/juguetes/pack-8-pelotas-sensoriales-de-ludi.html?gclid=Cj0KCQjw38-DBhDpARisADJ3kjin3oPQ82tpcnM7Zd7hRB-kT8FP1XB8ZU0Uf_NRK2nWrZ61n8Efn9oaAuLDEALw_wcB">https://www.bblandia.es/juguetes-para-bebes/juguetes/pack-8-pelotas-sensoriales-de-ludi.html?gclid=Cj0KCQjw38-DBhDpARisADJ3kjin3oPQ82tpcnM7Zd7hRB-kT8FP1XB8ZU0Uf_NRK2nWrZ61n8Efn9oaAuLDEALw_wcB</a></li> <li>• <a href="https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/">https://www.dondinojuguetes.es/balon-cars-61cm-3-b69f9/</a></li> <li>• <a href="https://www.decathlon.es/es/p/balon-medicinal-1-kg-diametro-20-cm/ /R-p-14217?mc=8290417">https://www.decathlon.es/es/p/balon-medicinal-1-kg-diametro-20-cm/ /R-p-14217?mc=8290417</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Vestibular stimulation.</li> <li>• Work on global motor skills: swimming, diving...</li> <li>• Improve the diving concept.</li> <li>• Attention and memory.</li> <li>• Spatial orientation.</li> <li>• Biology skills work.</li> <li>• To improve oral language exprehension.</li> </ul>	<p><u><a href="#">The animal kingdom!!!</a></u></p> <p>The therapist throws the animal to the water (some float and others sink). The student must collect and place them in different piles according to the instructions that the therapist has established (according to reproduction method, diet, backbone etc.).</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.ortotecsa-rehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html">https://www.ortotecsa-rehabilitacionyfisioterapia.com/es/comprar-tienda-catalogo/fisioterapia-infantil/colchoneta-con-agujeros-de-piscina-ort-660953-detail.html</a></li> <li>• <a href="https://www.amazon.es/Juguete-Ba%C3%B1o-Figuras-Animales-Ni%C3%B1os/dp/B07QX3KP3K">https://www.amazon.es/Juguete-Ba%C3%B1o-Figuras-Animales-Ni%C3%B1os/dp/B07QX3KP3K</a></li> <li>• <a href="https://www.juguetesdondino.com/caja-4-cubos-tela-animales-apilable.html">https://www.juguetesdondino.com/caja-4-cubos-tela-animales-apilable.html</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Postural control.</li> <li>• Global coordination and balance.</li> <li>• Attention.</li> <li>• Spatial orientation.</li> <li>• To improve oral language apprehension.</li> <li>• Improve impulse control skills.</li> </ul>	<p><u><a href="#">The tin soldier!</a></u></p> <p>The student will use the noodles as if it were a weapon and will support it on their dominant shoulder. The student will carry out the parade marching: left/left/left/right/left. Once the therapist shouts “stop” the student must stay with their feet together and keep their balance. The parade can be performed in different way e.g. without flexing the knees, flexing them, with a crossed pattern... Also to make it more difficult the therapist can put some weight on the student’s feet, and can make changes of direction according to the orders: “half a turn to the right!!!, Quarter turn left!!!” ...</p>	  
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/_/R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/_/R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/producto-reacondicionado-lastres-pesas-tobillos-munecas-2-x-0-5kg-domyos/_/R-p-X8655516?mc=8655516">https://www.decathlon.es/es/p/producto-reacondicionado-lastres-pesas-tobillos-munecas-2-x-0-5kg-domyos/_/R-p-X8655516?mc=8655516</a></li> <li>• <a href="https://www.okeo.it/braccia/15-4775-Hydrowrist-8052323003307.html#/134-colore-colori_assortiti">https://www.okeo.it/braccia/15-4775-Hydrowrist-8052323003307.html#/134-colore-colori_assortiti</a></li> </ul>		



Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Fine motor skills.</li> <li>• Memory.</li> <li>• Proprioception.</li> <li>• Attention.</li> <li>• Exchange opinions, feelings...</li> <li>• Communicative intent.</li> <li>• Improve basic concepts: colours, shapes, sizes...</li> </ul>	<p><u><a href="#">Let's go on shopping!</a></u></p> <p>Depending on the student level of skills, a shopping list will be made as a reminder. The therapist will ask them for one or several things that the student then has to go to look for them in the drawers. The difficulty can be increased by also adding some characteristic to the object (colour, size, shape...)</p>	 
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.bblandia.es/juguetes-para-bebes/juguetes/pack-8-pelotas-sensoriales-de-ludi.html?gclid=Cj0KCQjw38-DBhDpARIsADJ3kin3oPQ82tprcnM7Zd7hRB-kT8FP1XB8ZU0Uf_NRK2nWrZ61n8EfN9oaAuLDEALw_wcB">https://www.bblandia.es/juguetes-para-bebes/juguetes/pack-8-pelotas-sensoriales-de-ludi.html?gclid=Cj0KCQjw38-DBhDpARIsADJ3kin3oPQ82tprcnM7Zd7hRB-kT8FP1XB8ZU0Uf_NRK2nWrZ61n8EfN9oaAuLDEALw_wcB</a></li> <li>• <a href="https://www.juguetesdondino.com/caja-4-cubos-tela-animales-apilable.html">https://www.juguetesdondino.com/caja-4-cubos-tela-animales-apilable.html</a></li> <li>• <a href="https://www.amazon.es/Theo-Klein-6310-Barrer-Escoba/dp/B0009NCD94/ref=sr_1_8?_mk_es_ES=%C3%85M%C3%85%C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=recogedor+y+cepillo+de+juguete&amp;qid=1619780460&amp;sr=8-8">https://www.amazon.es/Theo-Klein-6310-Barrer-Escoba/dp/B0009NCD94/ref=sr_1_8?_mk_es_ES=%C3%85M%C3%85%C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=recogedor+y+cepillo+de+juguete&amp;qid=1619780460&amp;sr=8-8</a></li> </ul>		





Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Tactile discrimination.</li> <li>• Proprioception and balance.</li> <li>• Attention.</li> <li>• Spatial orientation.</li> <li>• Memory.</li> <li>• Improve basic concepts.</li> <li>• Communicative intent.</li> </ul>	<p><u>What will be?</u></p> <p>The student will sit on a noodle or table with a mat placed in front of them and with the mask on. Objects are given to them to recognize. The therapist can give the object from different positions. Objects that the student recognizes will be put to one side and objects that they don't will be put to another. Before removing the mask, the therapist can ask the student to remember the objects they have recognized and how many they have not. At the end the objects are counted and the student is asked if they can remember which one he got first...</p>	   
<p><b>Comments:</b></p>		
<p><b>Material references:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.amazon.es/Theo-Klein-6310-Barrer-Escoba/dp/B0009NCD94/ref=sr_1_8?_mk_es_ES=%C3%85M%C3%85C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=recogedor+y+cepillo+de+juguete&amp;qid=1619780460&amp;sr=8-8">https://www.amazon.es/Theo-Klein-6310-Barrer-Escoba/dp/B0009NCD94/ref=sr_1_8?_mk_es_ES=%C3%85M%C3%85C5%BD%C3%95%C3%91&amp;dchild=1&amp;keywords=recogedor+y+cepillo+de+juguete&amp;qid=1619780460&amp;sr=8-8</a></li> <li>• <a href="https://www.bblandia.es/juguetes-para-bebes/juguetes/pack-8-pelotas-sensoriales-de-ludi.html?gclid=Cj0KCQjw38-DBhDpARIsADJ3kin3oPQ82tprcnM7Zd7hRB-kT8FP1XB8ZU0Uf_NRK2nWrZ61n8EfN9oaAuLDEALw_wcB">https://www.bblandia.es/juguetes-para-bebes/juguetes/pack-8-pelotas-sensoriales-de-ludi.html?gclid=Cj0KCQjw38-DBhDpARIsADJ3kin3oPQ82tprcnM7Zd7hRB-kT8FP1XB8ZU0Uf_NRK2nWrZ61n8EfN9oaAuLDEALw_wcB</a></li> <li>• <a href="https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/ /R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/churro-flotador-de-espuma-natacion-nabaiji-color-aleatorio-118cm/ /R-p-14140?mc=8543778&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/ /R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA">https://www.decathlon.es/es/p/tabla-flotador-natacion-piscina-naibaiji-ninos-azul-pirata/ /R-p-4010?mc=8612776&amp;c=AZUL_AZUL%20TURQUESA</a></li> <li>• <a href="https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44">https://www.amazon.es/M%C3%A1scara-Multicolor-Cubierta-Almohadilla-El%C3%A1stica/dp/B077K1BCHT/ref=sr_1_44?dchild=1&amp;keywords=antifaces&amp;qid=1618925794&amp;sr=8-44</a></li> <li>• <a href="https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSE3">https://www.amazon.es/dewdropy-Almohadilla-Flotante-Resistente-Acu%C3%A1ticos/dp/B08FQZRSE3</a></li> </ul>		





Objectives	Activity or exercise	Material
<ul style="list-style-type: none"> <li>• Muscular tone.</li> <li>• Coordination.</li> <li>• Balance.</li> <li>• Attention.</li> <li>• Exchange opinions, feelings...</li> <li>• To improve oral language exprehension.</li> <li>• Improve basic concepts.</li> </ul>	<p><u>Not to fall!!!</u></p> <p>Go from one side of the pool to the other side kicking the ball trying not to let the ball touch the ground. Pass the ball from one to the other by kicking without the ball touching the ground.</p> <p>One touch, one foot, alternating feet ... The student can use weights or floats to increase the difficulty.</p> <p>You can count out loud to see how many you can do in a row, saying colours or things that are of one colour, cities, countries...</p>	  
<p><b>Observaciones:</b></p>		
<p><b>Referencias para material:</b></p> <ul style="list-style-type: none"> <li>• <a href="https://www.decathlon.es/es/p/producto-reacondicionado-lastres-pesas-tobillos-munecas-2-x-0-5kg-domyos/_/R-p-X8655516?mc=8655516">https://www.decathlon.es/es/p/producto-reacondicionado-lastres-pesas-tobillos-munecas-2-x-0-5kg-domyos/_/R-p-X8655516?mc=8655516</a></li> <li>• <a href="https://www.okeo.it/braccia/15-4775-Hydrowrist-8052323003307.html#/134-colore-colori_assortiti">https://www.okeo.it/braccia/15-4775-Hydrowrist-8052323003307.html#/134-colore-colori_assortiti</a></li> <li>• <a href="https://grupoarencibia.com/producto/pelotas-con-peso-theraband/">https://grupoarencibia.com/producto/pelotas-con-peso-theraband/</a></li> </ul>		



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